Maine Jung Center

A community of Jungian thought and a forum for discovery where people come alive together through active membership and support for individual growth.

Mildred Harris Weekend 2015


October 2 & 3, 2015

www.mainejungcenter.org • (207) 729-0300
Message from the Board

A key theme of our Board’s Annual meeting in June was to remember our principles, to look internally and not be tempted to be overly ambitious. With this in mind, we are charging our committees to focus on our goals for the coming year: cultivating the tension between spirit and soul, expanding the number and diversity of active members, creating more strategic partnerships, and balancing our dreams and resources. We are grateful as we do this to have new energy on our committees and Board, from individuals who are volunteering their time and expertise. They are, for example, designing a new brochure, revising the Bylaws and Board handbook, and creating new partnerships such as the one with Maine Medical Research Institute. We have an exciting array of programs for Fall and Winter, including a Members’ Eve, where we will have a performance by Figures of Speech Theater, and the Mildred Harris lecture and workshop, where we will explore finding meaning in today’s turbulent world. The Center community is strengthened by the contribution of our members, and we welcome active participation in many forms. To encourage input from members, we will be hosting some Sunday afternoon open houses to meet and get to know each other and to talk about the future of the Center and the creative tension between our dreams and our resources. We hope you will attend. More details will be announced.

We welcome new Board members Ben Holbrook, Linda Sadoff, and Deborah Pfeffer, and acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnette and Tom Bowman, who are leaving the Board, but will continue to contribute to the Center by staying on their Committees. We also acknowledge the enormous contributions of Jeff Pinnett...
Members’ Eve

Figures of Speech Theatre presents: 
*Cupid and Psyche*

**SEPTEMBER 18, 2015**

6:00 PM

PILGRIM HOUSE, FELLOWSHIP HALL, FIRST PARISH CHURCH, BRUNSWICK

MEMBERS $30

Members will receive an invitation to this event. If you’re not already a member and want to attend, please join!

This year’s Members’ Eve offers something special: a performance of “Cupid and Psyche” from the Figures of Speech Theater. “Cupid and Psyche” is an adaptation of the ancient Greek myth, told with actors, puppets, dance, and a dose of good humor. In addition to two extended runs at the Smithsonian, “Cupid and Psyche” has toured theaters, festivals, and schools from Maine to California, and to Lima, Peru. Figures of Speech Theater’s performance of the play won the coveted “UNIMA Citation of Excellence,” the highest award in American puppet theater.

Figures of Speech approaches “Cupid and Psyche” with both respect and playful irreverence. The result is an entertaining collage of romance, drama, and outrageous humor. Intricately carved, three-foot tall puppets portray Psyche and Cupid, while the dynamic roles of Venus and Zeus are played by actors Carol Farrell and John Farrell.

As Marie Louise Von Franz said “Fairy Tales are the purest and simplest expression of the collective unconscious process.” Join us for a delightful rendition of this wonderful myth.

Tools of Individuation

**Mega-Thrust 9+**

Walter Christie

**SUNDAY, SEPTEMBER 27, 2015**

2 TO 4 PM

JUNG CENTER, 183 PARK ROW, BRUNSWICK, MAINE

MEMBERS $10, NON-MEMBERS $15

Walt will discuss Mega-Thrust 9+, the story of his stroke and his wife Ellie’s great efforts to get him out of Japan as the 2011 earthquake and tsunami wreaked havoc with the country. Walt will then focus on the meaning of writing, how you access material, and how you write and rewrite. He will discuss ways that writing is and isn’t like therapy. He will comment on the use of social media in today’s writing and will project what it means for the future.

**Walt Christie, MD, is a retired psychiatrist and a founder of the C. G. Jung Center.** Since retirement in 2011, he has found great pleasure in writing and has concentrated on two books: a story about Indians who lived in this part of Maine about 1600 A.D., and Mega-Thrust 9+. He intends to keep on writing.
Tools of Individuation

Active Imagination: The Emerging Image Method
Susy Sanders

Sunday, October 4, 2015
2 to 4 PM
Jung Center, 183 Park Row, Brunswick, Maine
members $10, non-members $15

Active imagination is a technique of accessing the unconscious that was developed by C. G. Jung and since has been built upon by others. As a method of having a dialogue with different parts of one's unconscious mind, Emerging Image painting is like working with dreams and dream images. Susy has been engaged in developing this method of painting for five years and has been teaching it to others in both individual and family work at Morning Bridge Center. Emerging Image painting draws upon the innate healing function of the imagination.

Susy will explain the basic process and show some of her latest works using it. She will discuss fruitful experiences she has had with the images as well as the myth-writing that comes from the emergent image on canvas.

The emerging images are symbolic. It is the manner in which the unconscious mind speaks to us, helping us to connect with the numinous—with the spiritual dimension that modern man has typically become disconnected from. The goal is a greater sense of wholeness and well-being in this world of materialism and disconnect.

Susy Sanders, PhD, is a psychologist in private practice in the Western Maine Mountains. Her studies have focused on art and sociology, community psychology, and educational and clinical psychology. She has exhibited her art since 1980, and in 2005 she opened the Morning Bridge Center, where her work has a strong component of expressive arts therapy and she offers spiritual direction and spiritual retreats.

Leonard Cohen’s Unified Heart:
An Exploration of the Spiritual Themes in his Poetry and Song

A Concert and Workshop by David Peloquin

Concert: Friday, October 9, 2015, 7 to 9 PM
Workshop: Saturday, October 17, 2015, 9 to 4 PM
Fellowship Hall, Pilgrim House
First Parish Church, Brunswick, Maine
concert: members $10, non-members $15
workshop: members $55, non-members $65

Leonard Cohen, the “Golden Voiced” singer/songwriter, has engaged in a life-long conversation with the great esoteric traditions, East and West. Cohen spent years as a practicing Zen monk in the 1990s, emerging with a maturity and quiet wisdom that has touched a world-wide audience. His sublime song Hallelujah, has become a planetary hymn of spiritual transcendence. Cohen’s work might best be described as a conversation with the Muse of music and poetry. Like Joyce, Mann, Rilke and Yeats, Cohen is a mystagogue and seer. Jung wrote that a great artist “…labors without cease to educate the spirit of the age, bringing to birth those forms which the age is most lacking.”

The participatory one-day workshop will explore the major spiritual themes of Cohen, including: the restoration of the feminine divine, transcending the small self, spiritual awakening, and the experience of the Sublime. The discussion will culminate in what Cohen calls “The Unified Heart,” a variant of the Star of David depicting two entwined hearts, a symbol of non-duality and the reconciliation of the tension of opposites.

Participants will have the opportunity to discuss poems and songs that have touched their imagination. The emphasis will be on entering what Cohen calls the “Sanctuary of Song,” the gateway into direct experience, to what was known in alchemy as the Windows to Eternity (Fenestra Aeternitas). David will perform several of Cohen’s songs during the workshop.

David Peloquin is an internationally known folk musician and author. His group Compass Rose has performed at the Kennedy Center for the Arts. As essayist and independent scholar, he is focused on the work of Leonard Cohen, Herman Melville, and Ralph Waldo Emerson. David is associated with several Leonard Cohen websites including Cohencentric.com, where his essays on The Unified Heart and Spiritual Themes of Leonard Cohen can be found.
Drawing from your Soul,
A Touch Drawing Experience
Helen Warren

Saturday, October 10, 2015
9:30 am to 3:30 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $35, non-members $40

Jung regarded individuation as a journey of bringing the conscious mind into working relationship with the unconscious. Touch Drawing, a playful and profound process in which images flow forth from our deepest selves, has the potential to support such a journey. Whatever one's experience with visual expression, the immediacy of this sacred process offers the opportunity for inner listening and for learning to trust one's intuition, subtle awareness, and active imagination. Placing a piece of tissue on a board on which paint has been rolled, then using hands and fingers as our only tools, we allow impulses from the unconscious to flow onto the page. One drawing leads to the next as we immerse ever more deeply. The resulting images are reflections of our soul.

Helen will offer a brief PowerPoint presentation to share images from her own powerful journey with Touch Drawing, spanning 20 years. Included will be images that illuminate the way in which Touch Drawing supported her process of individuation and the remembering of deep and ancient time.

Helen Warren is a painter, printmaker, and teacher whose art reflects her deep connections with the natural world, enriched by awareness of and sensitivity to the invisible and visible realms. Her work has been exhibited in galleries throughout the Northeast.

The Way of the Dream
Marie-Louise von Franz
in Conversation with Fraser Boa
Film Series Facilitated by Teresa Arendell

Six Sundays:
October 11, November 8, December 13, January 17, February 14, March 13
2 to 4 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $10, non-members $15 per session

This film is based on an extraordinary series of films made by Fraser Boa, who collected first-person accounts of dreams in street interviews with ordinary men and women in various parts of the world. Boa, a Canadian, trained at the Zurich Institute, working with Marie Louise von Franz, and became a Jungian analyst and film producer. He directed and hosted the documentary series The Way of the Dream in which the eminent Jungian psychoanalyst and scholar Marie-Louise von Franz interpreted these dreams on film, just as she would in a private analytical session. Shown and demonstrated in the series are the art and science of dream analysis for the general public. The material covered includes dreams of men, dreams of women, what dreams tell us about ourselves and our relationships, the historical significance of dreams, and dreams about death and dying.

Dr. von Franz argued that one of the healthiest things people can do is to pay attention to their dreams: “Dreams show us how to find meaning in our lives, how to fulfill our own destiny, how to realize the greater potential of life within us.”

The film series will extend over six Sundays, each with approximately 90 minutes of film and 30 minutes of discussion.

Teresa Arendell, PhD, is a Jungian analyst practicing and living in Maine. She's active with both the Maine Jung Center and the C. G. Jung Institute—Boston. She's an experienced teacher and writer. Experiencing the natural world and activities with her grandchildren are among her greatest delights.
The Grand Design: Joachim Wolf’s Inner Logic of Spiritual Reality

Amy Haible

**Sundays, October 18, November 1, 15 & 29, 2015**
1 to 3 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $75, non-members $85

What is the invisible reality of spirit? How does it relate to time and space? Who are we as individuals within the Divine Mind? These questions and many more will be explored as we read physicist Joachim Wolf’s book *Understanding the Grand Design*. The nature of the universe, and our place in it, has been the subject of ageless debate. But now modern science, and particularly the field of quantum physics, has begun to bridge the gap between the ancient “truths” of spirit and modern views of reality. Considered by many to be one of the best books written on the subject, Wolf’s work is highly readable and understandable without being overly scientific or esoteric. The discussion group will meet four times, every other week. Participants are asked to read each section beforehand and come prepared to explore its contents together. Be prepared to shift the way you perceive your “reality”! (Book is available at Amazon.com.)

Amy Haible has a Master’s in Transpersonal Studies as well as in Urban and Regional Planning. She served as Brunswick’s Planning Director from 1988 until 1993, when she left to manage two of Senator Bill Cohen’s state offices. Since 1998 Amy has maintained a private practice in mind/body/spirit healing. Her most recent presentation at the Jung Center was titled “Extreme Abundance: Exceptional Experiences of Maine Fisherman.” Amy teaches a two-part series entitled “The Metaphysics of Emotion: Staying Present in Emotional Flow,” and she leads classes in shiatsu, meditation, and sacred dream work.

The Wandering Womb

Anne Belden

**Friday, October 23, 2015**
7 to 9 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $20, non-members $25

Anne will talk about bringing the unconscious impact of a woman’s history into her present day awareness as a means of shifting her internal experience of infertility. She will explore how centuries of shame and silence regarding fertility and infertility have unconsciously embedded themselves in women’s psyches—through religious practices, political ideologies, and medical beliefs—robbing women of their authority over how they experience infertility. Her hope is that by exploring fertility archetypes throughout history we can begin to see the impact they still have on us today, and help us find a stronger voice within in order to construct our own present-day narratives.

Most presenters on fertility and infertility look at the practical aspects of why the latter is hard and painful. Anne delves much deeper into ancient practice and archetypes as a way of understanding the roots of why infertility is shameful for women. She will share from her own personal experience and subsequent awareness. The presentation is a visual one, with several thought-provoking images, exploring 25,000 years of history.

Anne Belden holds a Master’s degree in Human Development/Family Relations. Her work with women and couples is grounded in Gestalt, with a mind/body approach to helping clients navigate family-building challenges. Anne trained at both the Gestalt International Study Center on Cape Cod, and the Gestalt Therapy Institute of Philadelphia.
Mildred Harris Weekend

The most intense conflicts, if overcome, leave behind a sense of security and calm that is not easily disturbed. It is just these intense conflicts and their conflagration which are needed to produce valuable and lasting results.

Carl Jung

Mildred Harris

Mildred’s involvement with Analytical Psychology began in 1935. She was a charter member of the Analytical Psychology Club of the C. G. Jung Foundation of New York. In 1936, Mildred attended Jung’s lectures at Bailey Island in Maine, where Jung predicted an unfavorable prognosis for a Jungian cure for her epilepsy. Nevertheless, she attributed her eventual recovery to the years of analysis she undertook in New York.

Mildred practiced physical therapy in New York, utilizing techniques in yoga, breathing and imagery, and taught training courses on relaxation and natural childbirth. In 1978, she retired and moved to Brooklin, Maine, where her family had summered for years. Mildred became a vibrant member of the Jungian community in Maine, attending the Jung Seminars at Bowdoin College under the direction of Professor Bill Geoghegan.

Her regard for Jungian psychology and her love of Maine came together in the 1988 founding of the C. G. Jung Center for Studies in Analytical Psychology.

Mildred served as a consultant to the newly-formed Center and taught a course entitled, “Psyche and Soma: Developing Innate Integrative Capabilities.”

Mildred Harris died in 1989. Her gift and legacy live on as the C. G. Jung Center.

The Mildred Harris Lecture is held each fall in her honor.

Bill Geoghegan

Professor William D. Geoghegan, a founding member of the C. G. Jung Center, died on April 25, 2015. He was an esteemed member of the Bowdoin College faculty for nearly four decades and an important leader in the Bowdoin-Brunswick intellectual and spiritual community. In addition to his instrumental role in founding the C. G. Jung Center, for decades he led the Tuesday afternoon Bowdoin Jung Seminar, providing the opportunity for leaders, thinkers, writers, and artists to speak and discuss their creative projects. Bill Geoghegan was loved by Bowdoin students and admired by many of the adults who shared his deep interest in Jung and the individuation process.

Finding Meaning in a Turbulent World

Presentations by Arendell, Furber and Ventimiglia

Friday, October 2, 2015, 7 to 9 pm
Kresge Auditorium, Bowdoin College, Brunswick, Maine
Presentations: free

Workshop with Furber, Arendell and Ventimiglia

Saturday, October 3, 2015, 10 am to 4 pm
Location to be Announced
Workshop: Members $30, Non-Members $40

On Friday, Jungian analysts Teresa Arendell, William Furber, and William Ventimiglia will present their insights into our sometimes chaotic world and why the work of C. G. Jung has relevance in our time. Saturday will be an interactive workshop with opportunity for discussion.

Teresa Arendell

Sophic Wisdom: Bridging the Nature and Psyche Split

With the restoration of the feminine to a complementary relation with the masculine, might there then be the possibility of a new mythology of the universe as one harmonious living whole? Nature and Spirit, after the many millennia of their separation, newly embraced as one and the same? (Baring & Cashford The Myth of the Goddess: The Evolution of an Image, xiv)

We live in the midst of a relentless and far-reaching ecological crisis. Despite scientific findings, the environmental movement, and the recently emerged field of eco-psychology, we persist in our assaults on the natural world. The profound challenges we face as a result of our destruction of Nature are psychological and spiritual at their cores, argued Jung. The context is one of spiritual alienation and a one-sided consciousness in which we are identified with the values and norms of the archetypal masculine principle. Nature, Earth, and the Cosmos have been stripped of their enchantment and sacredness. Particularly neglected in the human psyche and community is the feminine principle – imaged as the Divine Feminine in the form of Sophia – Wisdom. Jung, with attention to the feminine principle, offers a path of renewed deep connection with the natural world: Wisdom is brought out of the depths and reawakened. Here we explore the archetypal feminine principle of Sophia and consider how her resurgence will foster a healing of human estrangement from the non-human world.
Mildred Harris Presenters:

**William Furber**  
The Impact of the Individuated Psyche on Collective Life: When the Gods Need a Human Act  
A major cultural shift begins with the individual and development within his or her psyche. Momentum for change continues within the individuated psyches of those who follow. Relying on symbolic language embedded in the mythic stories of the *Iliad* and the *Odyssey* as a guide, this talk will address the process of cultural renewal by first analyzing how the midlife crisis of transformation can be navigated successfully within the individual, leading to a second half of life that is more in tune with internal direction, more whole, and more directly connected with an enlarged feminine dimension. This development within the individual mirrors the transformation needed within culture and in time will serve as the prototype for the regeneration and renewal of collective life. Responding to the urgent call from the Self at midlife and successfully navigating the transitional process we then find ourselves in is the way the individual lays one brick on the new collective edifice. The stories in the *Odyssey* make clear that the gods are heavily invested in this process. At times they must intervene in human affairs because they need mortals to carry out certain crucial aspects. Now is exactly one of those times when the gods need a human act.

**William Ventimiglia**  
Ambition, Limitation, and The Desire for a Significant Life  
What does it mean to live a significant life? What gives a human life value in the dynamic tension between ego ambition on the one hand and realistic limitation on the other? Or to pose our questions a little differently: Do our individual efforts to live up to our own potential—however great or however limited our natural gifts and real-world circumstances may be—really count for much in the great scheme of things? Through lecture and discussion, we will have an opportunity to engage with this eternal searching after our personal raison d'être.

Mark your calendars for our Spring major speaker.  
Donald Kalsched presents:  
*Loss of Soul Following Early Trauma, and its Recovery in Depth Psychotherapy*  
April 29th, 30th, & May 1st, 2016

For more information, visit us on the web at  
www.mainejungcenter.org
Core Course: Myth and Fairy Tale

The Bones of Mythology: Performing Ecstasy and Madness in Art, Alchemy, and Analysis

Gary Astrachan

Saturdays, October 24, November 7, 21 & December 5
12:30 to 4:30 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $145, Non-members $155

Tracing the long trajectory of ritually performing myth from its earliest origins in Attic tragic drama into its contemporary enactments in the creating of art and in the transformative processes of the consulting room, this workshop will take up the notion of poiesis as the via regia of the individuation journey. Poiesis, that resonant word from Greek which gives us our poetry, poetics and poetizing, also means simply ‘doing’, ‘making’, ‘fabricating’ and ‘producing’, a bringing forth from concealment, hiddenness and non-being into the light of presence. Plato writes that “any cause that brings into existence something that was not there before is poiesis.”

We will explore the entwined mythologems of Orpheus, lyre player, lover and journeyer to the underworld, and Dionysos, venerable god of wine, madness and ecstasy, in order to discern and discover for ourselves the myths of our time. How do we evolve a sound theoretical and practical framework for creating meaningful and soulful lives in the midst of cataclysm and catastrophe? How do we individually and collectively further the intrinsic mission of poiesis, this compelling desire for the total transfiguration of our inner and outer natures.

Gary D. Astrachan, Ph.D., is a clinical psychologist and Jungian psychoanalyst in private practice in Portland, Maine. He is a faculty member and supervising and training analyst at the C. G. Jung Institute—Boston and lectures and teaches widely throughout North America and Europe. He is the author of numerous scholarly articles in professional journals and books and writes particularly on the relationship between analytical psychology and Greek mythology, poetry, painting, film, postmodernism, and critical theory.

Tools of Individuation

The Winding Road to the Self

Cary Plummer

Sunday, October 25, 2015
2 to 4 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $10, Non-members $15

Some of you know Cary as a Jung Center docent. That’s still true, but now she is also the Reverend Carolyn Plummer, ordained by the Chaplaincy Institute of Maine (ChIME) as an interfaith minister, Class of 2015.

We can be bound by internalized rules totally unsuited to our callings. Some of us are brave. Others of us struggle desperately, even while knowing that all the chaos and missteps point toward a bigger story, and to joy.

Cary will talk about what she has learned along her life’s path—about big dreams, slender threads, synchronicity, submission, and the Shadow. She will invite us to talk about our paths—to see both the commonalities and variations.

Cary Plummer, a native Mainer, the youngest of a generation and the only child of older parents, left for school and college, then came home for what she expected to be 3 weeks. Years later she is still here—a work in progress; yet transformed. Her teachers, Patricia Reis, Brugh Joy, Jacob Watson, the faculty of ChIME, and the people she has served, have kept her on her way. Jung’s ideas have been and remain at the core of her own work.
The Links at St. Andrews:  
Psyche at Play in Golf’s Sacred Place  
James Blalock

Saturday, October 31, 2015  
10 AM TO 3 PM  
Jung Center, 183 Park Row, Brunswick, Maine  
MEMBERS $40, NON-MEMBERS $50

James Blalock invites you to join him on an individuation journey through the Links of St. Andrews, Scotland, the birthing place of the outer and inner game of golf. Escorted by Hermes through the twists and turns of Psyche's rounding playground, we will encounter Eden, Hell, the Cross, and the Bridge to Home. Insights pertaining to one's personal myth, path of individuation, and Authentic Self will be revealed. This is an experiential workshop for non-golfers and golfers alike. Come Play!!

James Blalock was born and raised in Portsmouth, NH, where he owned and operated The Old Ferry Landing restaurant for 30 years. He received his BA and MBA from Rollins College in Florida, then in 2014 earned his PhD in Depth Psychology from Pacifica Graduate Institute. Concurrent with his studies, James seized an opportunity to integrate his life-long passion for golf with the life-enhancing values illuminated by The First Tee, an internationally recognized youth development organization. His roles range from coaching children and training coaches to spokesperson and visionary.

Big Dreams, Visions and Active Imagination  
Chris Beach

Lecture: Friday, November 13, 2015, 7 to 9 pm  
Portland Friends Meeting, 1837 Forest Ave. Portland, Maine  
MEMBERS $20, NON-MEMBERS $25

Seminar: Saturday, November 14, 2015, 9 am to 4 pm  
Portland Friends Meeting, 1837 Forest Ave. Portland, Maine  
MEMBERS $55, NON-MEMBERS $65

Life offers moments of what Rudolf Otto called the “numinous” — extraordinary encounters with the Holy Other. Invoking awe and dread, fascination and calling, these moments can prompt us to find new meaning and affect how we live life forward. Twelve-step programs’ reliance upon a Higher Power is but one indication of the significance of the numinous in healing.

We will examine three kinds of numinous experiences that are inner in nature: big dreams (of great importance individually or collectively), visions (as if we are dreaming while awake), and active imagination (C. G. Jung’s method of engaging the unconscious in order to learn from it). Striking examples will be given during the lecture, and others gone over in detail during the seminar. We will examine experiences from the lives of historical figures, as well as from our own lives and from the lives of our contemporaries.

Chris Beach, JD, Jungian analyst, has a private practice in Portland, Maine. He works with individuals, facilitates dream groups, and teaches courses on dream interpretation, psychological type, Jungian psychology, active imagination and ethics. Formerly, Chris served first as a teacher and headmaster in Kenya and later as an assistant attorney general representing Maine’s Department of Human Services.
The Odyssey: The Further Journey
Film Presentation: Richard Rohr
Discussion Facilitation: Ed McCartan

Two options:
either Friday, December 4, 2015, 6 - 8 pm
or Sunday, December 6, 2015, 2 – 4 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $10, non-members $15

Odyseus's journey to Ithaca after the Trojan War was long and difficult. After arriving home, he had to set out again on a second or further journey. This story has archetypal meaning that is as fresh to spiritual travelers today as it was in 700 B.C. In reviewing the story, Richard Rohr, a Franciscan and founder of the Center for Action and Contemplation in New Mexico, looks at the mythological symbols in modern terms and uncovers religious and psychological content. Noting how much of the story relates to the “second half of life” journey, he calls us to explore our own life and to grow from the experience.

The first part of the program will consist of a fifty minute DVD presentation by Richard Rohr. Following a break for refreshments, the second part of the program will consist of a discussion facilitated by Ed McCartan.

Ed McCartan was a Catholic priest of the Carmelite Order. He is now a painter, with works in museums and private collections. Ed has an MFA in painting and degrees in theology, education and philosophy. He has a studio in Ft. Andross in Brunswick, where he paints under the watchful eye of his dog Mickey.

Friday Film Nights at the Center
If you’d like to facilitate a movie night, please let us know at info@mainejungcenter.org.

7 pm at the Jung Center
183 Park Row, Brunswick, Maine
Donations welcomed

Movie nights are an opportunity to view a Member-chosen film of interest in a small group and to participate afterwards in an informal discussion. No registration necessary.

September 11
Viewing facilitated by David Peloquin
Adapted from a story by Isak Dinesen, Babette’s Feast is a tale of a French housekeeper with a mysterious past who brings quiet revolution, in the form of one exquisite meal, to a circle of starkly pious villagers in late nineteenth-century Denmark. Babette’s Feast combines earthiness and reverence in an indescribably moving depiction of sensual pleasure, triumph over personal grief, and the celebration of life’s abundance. (Write-up by Criterion Films and David Peloquin.)

October 16
Inequality for All, (2013)
Viewing facilitated by Jeff Pinnette
In his Wealth and Poverty class at UC Berkeley, former Labor Secretary Robert Reich discusses the grave economic and social consequences that may result if the gulf between rich and poor continues to widen.

November 7
Leviathan, (2014) directed by Andrey Zvyagintsev
Viewing facilitated by Teresa Arendell
A Russian fisherman (Alexey Serebryakov) fights back when a corrupt mayor tries to seize possession of his ancestral home. The narrative offers a grim outlook on dark and icy aspects of human nature and on modern fissures in social contracts, particularly ones found in the abuses of modern law. The film attempts to unmask the truth behind moral aspects of superficial friendliness, blind love, and undeserved trust.
GENERAL INFORMATION

Library Corner
The Catalogue of the Center’s book collection is viewable online under the “Library” tab. For recent acquisitions please check the website. The Library is open when the Center is open, with special hours possible. We have an extensive specialized library and comfortable space for browsing. Borrowing privileges are available to members.

Maine Jung Center Hours
The Center is open Tuesday, Wednesday, and Thursday from 10 AM to 4 PM. Members are welcome to visit during office hours. Please call in advance as hours frequently change. Special hours can be arranged.

Tools of Individuation
Anyone is welcome to submit an outline for a two-hour presentation of their journey toward individuation, and to come to the Center to hear others’ stories. Please email your outline to info@mainejungcenter.org.

Cycle of Core Courses
The Center offers a three-year cycle of six core courses, one per semester, on these themes: * Myth and Ritual * Psychological Type * Complex and Archetype * Dreams * Jung’s Life and Ideas * Individuation and the Self *

Scholarships
The Center offers need-based scholarships for courses and workshops. Individuals may make one scholarship request per semester. Please don’t hesitate to contact the Center for more information, at either info@mainejungcenter.org or (207) 729-0300.

Student Discount
Discounts are offered to full-time college students. Present your college ID (or bring it to the first class), and you may attend any class, workshop or seminar for a $20 fee.

For more information please visit www.mainejungcenter.org.

Docent Program
The Docent Program is a volunteer program that enriches our community in many ways. In exchange for their service, docents can attend certain programs at no cost. Docent training times are TBA. Please contact the Center if you wish to become involved. We welcome your participation and need your help!

Certificates of Attendance and CEU’s
The Center’s programs are relevant to the practice of social workers, LCPC’s, psychologists, educators, and health care professionals. You will receive a certificate of attendance at the end of each program, which you may present to your relevant licensing Board.

Directions
Please use an online map search, such as Google Maps or MapQuest. Physical addresses for program locations are listed with program descriptions. If you need assistance, please call the Center at (207) 729-0300.

Discussion Groups
Please visit our website www.mainejungcenter.org and click on the “Membership” tab for information about our ongoing discussion groups for members.

Membership
Member benefits include: discounts on all classes and programs; free discussion groups; committee participation; access to our extensive library; an invitation to our annual Members’ Eve party, with fine food, conversation and a special program; participation in a vibrant community of individuals engaged in the hard work of individuation. Membership fees provide financial sustainability for the Center, allowing us to continue to present dynamic programming.

Coming soon
Please visit our new Member’s Corner on the Membership page of our website, info@mainejungcenter.org, where we will showcase Member activity. Do you have a presentation, publication or artwork that you’d like other members to know about? Please let us know!