Maine Jung Center

A community of Jungian thought and a forum for discovery where people come alive together through active membership and support for individual growth.

Fall Weekend 2018
The Annual Mildred Harris Lecture and Saturday Workshop

Melanie Starr Costello, Ph.D.
Natural Cycles, Natural Symbols: Individuation as Ecology
Lecture and Workshop / October 5 & 6, 2018

www.mainejungcenter.org • (207) 729-0300
www.facebook.com/MaineJungCenter
Message from the Board

With good reason we’ll say it again—maintaining a strong sense of community (with an emphasis on unity) is more important now than perhaps ever before in our lifetimes. Serving as a helpful member of a community comes more easily when an individual person has a strong sense of Self, and that’s how the Maine Jung Center can play an important role in these very challenging times.

In Jung’s view, the process of individuation is one in which the individual Self develops out of an undifferentiated unconscious—seen as a developmental psychic process during which innate elements of personality, the components of the immature psyche, and the experiences of the person’s life become, if the process is more or less successful, integrated over time into a well-functioning whole.

Imagine what our communities and world would look like if each individual operated as a well-functioning whole contributing to a well-functioning global whole. We are each being called upon to do what we can.

Our Fall line-up of programs offers a diverse selection of topics. Our Fall Weekend/Annual Mildred Harris Lecture and Saturday Workshop on October 5th and 6th will feature Dr. Starr Costello, who will talk about Natural Cycles, Natural Symbols: Individuation as Ecology, which addresses the loss of our connection to nature, the environment, our own physical bodies, and the ensuing anxiety that emerges from this disconnect. Teresa Arendell will host a four-week workshop on Jung’s Answer to Job: Encounter with the Self, delving into Jung’s most extensive writing on a biblical text. Back by popular demand we are also featuring workshops that include movement and/or expressive art with such offerings as Authentic Movement/Contemplative Dance with Kay Mann and Intuitively Paint Your Dreams led by Tricia Santi.

Mark your calendars for our Members’ Celebration in the Fall (Oct. 21)! This year marks the 50th anniversary of Esther Harding’s 80th birthday celebration (as well as the Maine Jung Center’s 30th anniversary), so please join us for a Sunday afternoon of memories, photos, nibbles and birthday cake! For those unfamiliar with Harding, she was a Jungian analyst and one of three women (along with Kristine Mann and Eleanor Bertine) who were responsible for bringing Carl Jung to our very own Bailey Island in 1936.

We’d also like to take this opportunity to thank Kali Coles for her two years of exceptional service to the Center, and welcome new Coordinator Cybele Brandow, whose operational skills and background in Jungian thought will be of great benefit to the Center. We also extend a gigantic thank you to Freda Bernotavicz as she steps off the Board of Directors after many years of dedicated service and leadership.

Much more information on the Maine Jung Center is available at www.MaineJungCenter.org.

Thank you for taking your place in our local and global community.

Audrey McMorrow and Peggy Schick, Board Co-Chairs

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SAVE THE DATE - SPRING 2019

We are thrilled to welcome Beverley Zabriskie, Jungian Analyst and past President of New York’s Jungian Psychoanalytic Association, as our Featured Spring Speaker on May 17th & 18th, 2019. Please save the date on your calendars! More details to come.
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Wisdom Healing Qigong and Conscious Living

Aram Aslanian & Tricia Santi

Saturday, September 22, 2018
10 am to 12 pm
Curtis Library, 23 Pleasant St, Brunswick, Maine
Members $20, Non-members $25

This program will introduce the concepts, philosophy, and practice of the ancient Chinese healing art form, Wisdom Healing Qigong. The Wisdom Healing Qigong practice guides us in accessing “Qi” or “life energy” through gentle movement, visualization, sound, meditation and conscious intention.

The program will be in three parts:

• A brief overview and short discussion of the tenets of Wisdom Healing Qigong as the practice relates to individual and group healing, conscious living, increased self awareness and connection of body and psyche (soul, mind, spirit).
• A guided practice that will provide a sampling of Wisdom Healing Qigong techniques of movement, sound, visualization, meditation, and conscious intention.
• A brief conclusion for sharing of experience and some time for questions and answers.

Aram Aslanian, Ph.D., LPC, is a licensed professional counselor and has taught for many years in higher education and earlier in his career as a school psychologist. Aram is also a Wisdom Healing Qigong Teacher, practicing for the last three years. He has served on the Program Committee for the last year and has been an active member of the Jung Center in Brunswick for six years.

Tricia Santi, M.S., M.A., LMFT is a licensed marriage and family therapist, an educator, a certified Yoga teacher and a Wisdom Healing Qigong Teacher. The merging of psychology and the healing arts to support more consciousness for health and well-being in body and psyche has become Tricia’s passion. Tricia has served for the last year on the Program Committee and has been an active member of the Jung Center in Brunswick for the last six years.

Aram and Tricia are a married couple who have worked as co-therapists in clinical practice and designed and co-taught many college courses. They reside in Phippsburg, Maine and have two grown children, a daughter and a son.

Authentic Movement aka Contemplative Dance

Kay Mann

Saturday, September 29, 2018
10 am to 12 pm
Bath Dance Works, 72 Front St, Bath, Maine
Members $15, Non-members $20

The moment when “I am moved” happens is astonishing both to dancers and to people who have no intention of becoming dancers. It is a moment when the ego gives up control, stops choosing, stops exerting demands […]. It is a moment of unpremeditated surrender that cannot be explained, repeated exactly, sought for, or tried out.

- Mary Whitehouse, C. G. Jung and Dance therapy, 1979

Contemplative Dance (also called Authentic Movement) is a meditative, improvisational movement practice in which we explore the body’s impulse to be moved by the spirit, without direction by the mind. We start from stillness and let our bodies surprise us. Movement sessions are followed by a period of silent writing or drawing and group reflection.

Kay Mann has been dancing since the age of four. She has been leading Authentic Movement sessions since 1996, including biweekly sessions in Bath since 1998.
In Appreciation of Mildred Harris

Mildred’s involvement with Analytical Psychology began in 1935. She was a charter member of the Analytical Psychology Club of the C. G. Jung Foundation of New York. In 1936, Mildred attended Jung’s lectures at Bailey Island in Maine, where Jung predicted an unfavorable prognosis for a Jungian cure for her epilepsy. Nevertheless, she attributed her eventual recovery to the years of analysis she undertook in New York.

Mildred practiced physical therapy in New York, utilizing techniques in yoga, breathing and imagery, and taught training courses on relaxation and natural childbirth. In 1978, she retired and moved to Brooklin, Maine, where her family had summered for years. Mildred became a vibrant member of the Jungian community in Maine, attending the Jung Seminars at Bowdoin College under the direction of Professor Bill Geoghegan.

Her regard for Jungian psychology and her love of Maine came together in the 1988 founding of the C. G. Jung Center for Studies in Analytical Psychology. Mildred served as a consultant to the newly-formed Center and taught a course entitled, “Psyche and Soma: Developing Innate Integrative Capabilities.”

Mildred Harris died in 1989. Her gift and legacy live on as the Maine Jung Center. In addition, it was Mildred’s wish that a free public lecture be held annually to make the ideas of C. G. Jung accessible to all. The Friday evening lecture as part of Fall Weekend brings her vision to life each year.
We will consider such questions as: What is the purpose of longevity? What is wisdom? We will conclude by reconstructing our portrait of the individuated person, elucidating the nature-based dimensions of social, family and spiritual life.

Throughout the weekend, we will use images, stories, and dream analysis to throw light on the archetypal forces—both fierce and generative—that promote psycho-spiritual maturation. Special attention will be given to the recurrence of cosmological and elemental themes in dreams of individuals undergoing life transition.

About Our Presenter

**Melanie Starr Costello, Ph.D.** is a licensed psychologist, historian, and senior Jungian analyst in private practice in Washington, D.C. She is a graduate of the C. G. Jung Institute-Zurich and earned her doctorate in the History and Literature of Religions from Northwestern University. She formerly served as Assistant Professor of History at St. Mary’s College of Maryland, was a Trustee for the Consortium for Psychoanalytic Research in Washington, D.C. and is currently Director of Education for the Jungian Analysts of Washington, a member of the Board of the C. G. Jung Foundation of New York and a training analyst for the C. G. Jung Institute-Zurich. Dr. Costello has taught and published on the topics of psychology and religion, medieval spirituality, aging and clinical practice. Her study of the link between illness and insight, entitled Imagination, Illness and Injury: Jungian Psychology and the Somatic Dimensions of Perception, is published by Routledge Press.

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**Intuitively Paint Your Dreams**

**Tricia Santi**

**Saturday, October 13, 2018**

**9 AM TO 12:30 PM**

**Jung Center, 183 Park Row, Brunswick, Maine**

**Members $35, Non-members $45**

Come paint your dreams!

Using the medium of tempera paint and paper, participants will explore their individual dream stories, images, symbols, or recurring patterns uncovered in the dream state. Bring a dream message that is unclear or wants to be explored more completely. Through this painting process, you will more easily tap into an innate way of knowing. A creation unique to you will emerge in a more vivid and clear way and a deeper personal understanding may emerge.

In this hands-on workshop, we will begin with an overview of the role of intuition in our lives and the development of trusting this gift. A brief discussion of the intuitive painting process, its connection to dream work, the expression of psyche, and the personal individuation process will be shared. Each participant will then be supported through the actual painting process.

The workshop will conclude with a group process in which participants may share their personal experience and paintings. Paintings will go home with the participants.

Painting materials will be supplied.

**Tricia Santi, M.S., M.A., LMFT** is a licensed marriage and family therapist and educator who has evolved as a practitioner who actively supports the process of individuation with sensitivity to culture and gender in our personal lives as well as the collective. She has found intuitive painting to be a natural portal to accessing one’s unconscious and bringing awareness and clarity into an individual’s life. The “Intuitive painting process” is a vehicle for bringing to life on paper images from dreams, memories, and innate ways of knowing. Tricia has enjoyed participating as a member of the Jung Center in Brunswick for the last six years and has been serving on the Program Committee at the Center since May 2017. She resides in Phippsburg, ME with her husband and has two grown children, a daughter and a son.
Introduction to Your Astrological Chart through Your Sun, Moon, and Rising Signs

Peggy Schick

**TUESDAY, OCTOBER 16, 2018**
6:30 TO 8:30 PM
JUNG CENTER, 183 PARK ROW, BRUNSWICK, MAINE
MEMBERS $20, NON-MEMBERS $25
MAXIMUM PARTICIPANTS: 15

Astrology, like the collective unconscious with which psychology is concerned, consists of symbolic configurations: The “planets” are the gods, symbols of the powers of the unconscious. -C. G. Jung, Letters, Vol. III

Join this small group introduction to astrological charts and their application in the individuation process. We are all complex beings and our natal charts confirm this! Our charts provide great insight that can help define the different and often conflicting aspects of our personalities. While there are many dimensions to the natal chart, this introduction will focus on the Sun, Moon, and Rising signs individually, their dynamic together, and their archetypes as depicted through the elements (fire, earth, air, water) of the signs of the zodiac.

Prior knowledge of astrology is not a prerequisite to this class, but it is helpful. In advance of class, registrants are asked to provide their place of birth, date of birth, and exact time of their birth. Registrants will receive a copy of their natal chart in class.

**Peggy Schick** is a professional astrologer in Topsham. She finds natal charts to be a fascinating and highly useful tool for understanding psychological behavior and enjoys sharing this insight with others who are on a quest for deeper self-knowledge, self-love, and connection with higher consciousness. She is co-chair of the Board of the Maine Jung Center.

Members' Celebration

The Maine Jung Center presents:
A tribute to Esther Harding, in commemoration of the 50th anniversary of her 80th birthday party.

**SUNDAY, OCTOBER 21, 2018**
2 TO 4:30 PM
BAILEY ISLAND LIBRARY, BAILEY ISLAND, MAINE
MEMBERS/GUESTS OF MEMBERS $30

One thing only can stand against the power of the unconscious and this, paradoxical as it may sound, is the power of individuality.

- M. Esther Harding

In 1936, Esther Harding, a Jungian analyst, was one of three women (along with Kristine Mann and Eleanor Bertine) responsible for bringing Carl Jung to our very own Bailey Island to offer a six-day conference on “Dream Symbols of the Individuation Process.”

On the occasion of her 80th birthday in 1968, over 200 participants from around the world gathered in her honor for what was often referred to as “The Second Bailey Island Conference” at Bowdoin College.

This year marks the 50th anniversary of Esther Harding’s 80th birthday. In honor that auspicious occasion, and in place of the Members’ Eve event this year, we welcome members and their guests for a Sunday afternoon of memories, camaraderie, refreshments, and birthday cake!

Members will receive an invitation to this event. If you’re not already a member and want to attend, please join!
In his research into the symbolic meaning of his patient's dreams and conversations, Jung observed recurring archetypes. He proposed that these archetypes channel experiences and emotions, resulting in recognizable patterns of behavior. Jung noted a correlation between these archetypal images and the archetypes associated with the planets and signs (constellations) of the zodiac and concluded that they were originally inspired by projections of images created by the collective unconscious.

Join this small group discussion of the shadow sides of the archetypes represented in our solar system. Referencing our own astrological charts as guides, we will look at how the shadow can manifest. We'll also examine the polarities and tension of the opposites among the archetypes of the astrological signs and houses.

Prior knowledge of astrology is not a prerequisite to this class, but it is helpful. In advance of class, registrants are asked to provide their place of birth, date of birth, and exact time of their birth. Registrants will receive a copy of their natal chart in class.

Peggy Schick is a professional astrologer in Topsham. She finds natal charts to be a fascinating and highly useful tool for understanding psychological behavior and enjoys sharing this insight with others who are on a quest for deeper self-knowledge, self-love, and connection with higher consciousness. She is co-chair of the Board of the Maine Jung Center.

Welcome Eros, god of relationship and life-spirit, into your home as an invisible yet inspiring guest!

During this evening together, we will explore the "erotic" archetype as embodied in the divine Eros, when all the senses are fully integrated and awakened in service to the intentional cultivation of hospitality, relationship, and a celebration of beauty.

The myth of Philemon and Baucis will serve as a grounding thread for the evening, as we discuss the alchemy that exists in preparing and sharing a meal with friends, family or even strangers. We will explore how imagination, generosity, and ambience, when inspired by the presence of Eros and Psyche, combine to transform ordinary moments into rich, sensuous opportunities to feast with the gods.

Julie Sgarzi, Ph.D. holds a doctorate in depth psychology, and lectures and writes on contemporary issues from a Jungian and depth-psychological perspective. She is a resident of both South Bristol, Maine and Los Angeles and a member of the Maine Jung Center and the Los Angeles Analytical Psychology Club. Julie is a past Board member of the Philemon Foundation and Opus Archives at Pacifica Graduate Institute. She is also a Board member of Look What SHE Did!—a video archive of women telling the stories of amazing women who inspire them—where Julie spoke about Los Angeles Analyst Gilda Frantz (www.lookwhatsheid.com).
**Psychology of the Future: A Book Discussion Group**

Facilitated by Jeff Pinnette

**One Sunday per Month:**
**Starting October 28, 2018**
10 to 12 PM
Jung Center, 183 Park Row, Brunswick, Maine
FREE for members; No pre-registration is necessary

**Required Text:** *Psychology of the Future* by Stanislav Grof

This is an accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology. It serves as a summation of Grof’s enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies “moving toward wholeness.” Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind’s only real hope for the future.

Stanislav Grof heads the Grof Transpersonal Training Program. He was formerly Chief of Psychiatric Research at the Maryland Psychiatric Research Center, Assistant Professor of Psychiatry at Johns Hopkins University School of Medicine, and Scholar-in-Residence at the Esalen Institute.

*Jeff Pinnette* is a longtime member of the Center who served on the Board for six years including two as Board chair and four as Program Committee chair.

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**Jung’s Answer To Job: Encounter with the Self**

**Teresa Arendell**

**Four Sundays:**
**October 28, November 4, 11, & 18**
2:30 to 4:30 PM
Jung Center, 183 Park Row, Brunswick
Members $80, Non-members $90
Maximum Participants: 15

*Answer to Job,* first published in 1952, is Jung’s most extensive writing on a biblical text. One of his best known works, the small volume is considered by many to be his most important and controversial work. Jung said both that this was the one text in which he would not have changed a word and that he had lived in a private hell after its writing. The work contains an array of challenging ideas, including: experiences of the Self, the meaning of suffering, the relationship between human consciousness and God, wisdom—the feminine side of God, and God’s continuing incarnation. How Yahweh undergoes transformation and becomes the “God of Love” is a major theme throughout the volume.

In this class, we will explore *Answer to Job* through a close reading and discussion of selected passages. We will look both at what Jung is doing in this text and what its relevance is to us today. Also, we will consider William Blake’s *Illustrations of the Book of Job,* published in 1825, more than a century before Jung’s volume. Blake’s twenty-two engravings provide insight into the archetypal impact of the biblical story of Job.

*Teresa Arendell,* Ph.D. is a practicing Jungian analyst. A college professor in sociology for many years, she has held multiple postdoctoral fellowships. She has taught and offered lectures and seminars and served on committees at the Maine Jung Center, the C. G. Jung Institute – Boston, and various other Jungian associations. She enjoys teaching and living in Maine.
Core Course: Myth and Fairy Tales
Understanding Ourselves Through Fairy Tales
Mary Kelley

Three Sundays:
December 2, 9, & 16, 2018
1 to 3 PM
Jung Center, 183 Park Row, Brunswick, Maine
Members $60, Non-Members $70

In his Collected Works 9:1, C. G. Jung writes, “Myths and fairy tales give expression to unconscious processes, and their retelling causes these processes to come alive again and be recollected, thereby re-establishing the connection between the conscious and the unconscious.” In this workshop, we will read and discuss selected fairy tales to gain insights into how studying the symbols and images in these stories can illuminate our understanding of ourselves and of today’s world.

This is a core course of the Maine Jung Center, and so it is open to all who enjoy reading and discussing fairy tales, whether or not they are well-versed in the ideas of Jung.

Mary Kelley is a local psychotherapist and a former co-chair of the Maine Jung Center. In addition to studying at the Maine Jung Center, she has enjoyed travelling with other members of the center to week-long seminars in Ireland and in Switzerland where, among other things, she learned about how fairy tales are used to deepen our understanding of ourselves and our world. She is an experienced presenter, currently exploring with other therapists the use of story in therapy work. She also finds joy in sharing fairy tales and building fairy houses with her grandchildren.

Friday Film Nights at the Center
If you’d like to facilitate a movie night, please let us know at info@mainejungcenter.org.

7 PM AT THE JUNG CENTER
183 Park Row, Brunswick, Maine
Donations welcomed

Movie nights are an opportunity to view a member-chosen film of interest in a small group and to participate afterwards in an informal discussion. No registration necessary.

September 14
The Fall (2006) | Directed by Tarsem Singh
Viewing facilitated by Cybele Brandow

In a hospital on the outskirts of 1920s Los Angeles, an injured stuntman begins to tell a fellow patient, a little girl with a broken arm, a fantastic story of five mythical heroes. Thanks to his fractured state of mind and her vivid imagination, the line between fiction and reality blurs as the tale advances. Filmed over the course of four years and shot in over twenty countries, Tarsem Singh financed this film almost entirely by himself and broke Hollywood norm by paying all actors equally. He also allowed for the lines and reactions of Catinca Untaru (the young girl with a broken arm) to be largely unscripted, and to guide the development of the movie’s plot in twists and turns. What resulted was a film of simple, nested metaphors about storytelling, filtered through the eyes and spontaneity of a young girl. Part Lawrence of Arabia, part Big Fish, this art house film of epic scale and production hides countless treasures in every re-watching.

October 12
Inner Worlds, Outer Worlds (2012) | Directed by Daniel Schmidt
Viewing facilitated by Peggy Schick & Jeff Pinnette

Created by Canadian filmmaker, musician and meditation teacher Daniel Schmidt, this documentary film won a number of awards at international film festivals. A visual feast for the eyes, the film is presented in four parts. Part one, entitled “Akasha,” contends that within the emptiness or nothingness of our being is an unfathomable energy which connects all things. Part two, “The Spiral,” explores how the image of the spiral functions as the golden key unifying the mysteries of the universe. In part three, “The Serpent and the Lotus,” we see how the snake represents the downward spiral, and the lotus flower represents the upward current or transcendence. Based in the idea that
a human being can become a bridge extending from the outer to the inner, part four, “Beyond Thinking,” demonstrates how in Western culture we live our lives pursuing happiness “out there,” as if it were a commodity.

**November 30**
**Aluna** (2012) | Directed by Alan Ereira
Viewing facilitated by Thankful Butler
The movie focuses on an ancient tribe in Columbia, the Kogi, who have great concern for the health of the earth. They want to give the rest of humanity a message regarding the need to change our relationship to the earth and how we must take care of this planet. This is the second time that the Kogi have allowed their secluded culture to be filmed; the first was in 1992. They had a warning message then and have an urgent message NOW. While that is the background of the film, it is beautifully filmed and the Kogi people are wise and caring and, although illiterate, have come to their awareness of the plight of the planet by watching how natural systems are changed by ‘progress.’ The task of laying the sacred “gold thread” over a large section of land is especially beautiful and demonstrates their understanding and commitment to bringing their message to the industrialized world.

**December 14**
**Awaken** (2018) | Directed by Tom Lowe
Viewing facilitated by Audrey McMorrow
*Awaken* is a documentary film exploring humanity’s relationship with technology and with the natural world. Shot over a five-year period in more than thirty countries, the film pioneers new time lapse, time-dilation, underwater, and aerial cinematography techniques to give audiences new eyes with which to see our world. *Awaken* is a celebration of the spirit of life, an exploration of the Earth, and an ode to the Cosmos

**WAYS YOU CAN SUPPORT THE CENTER**
There are many ways in which you can strengthen the financial base of the Center.

**AmazonSmile**
Join AmazonSmile and your purchases at Amazon can help the Maine Jung Center! At no additional cost to you, Amazon will donate .5% of your sale to the Center. AmazonSmile works exactly like Amazon, with the same selection of products, prices, and shopping features. Go to Smile.Amazon.com to get started!

**Annual Fund**
Donations to the Annual Fund help cover each year’s costs associated with programming and allow us to offer our programs at a reasonable cost to the public.

**Additional Types of Donations**
Donating cash is just one way to support the Center financially. You can also donate mutual fund or appreciated stock shares, bonds, and life insurance policies! Also, if you are over age 70 ½, you can donate the required minimum distributions from your IRA and other retirement accounts funds directly to a charitable organization.

**Memorial and Tribute Gifts**
This gift is a way to remember someone significant to you or who may have been part of the Jung community or honor someone whose life was influenced by Jungian ideas. A tribute gift might recognize a particular accomplishment, or a birthday, retirement, or other life transition.

**Planned Giving**
One sentence in your will can make a lifetime of difference. To leave a gift in your will, share this sentence with your attorney or financial planner: “I bequeath $_____ or ____% of my estate to the Maine Jung Center, 183 Park Row, Brunswick, ME 04011.” Even easier, you can name the Maine Jung Center as a beneficiary to a portion of your life insurance policy or retirement account. This type of gift can be subject to federal estate taxes when left to family members, but when it’s donated to a charitable organization such as the Maine Jung Center, your money is contributed tax-free.

For more information on giving, visit us on the web at [www.mainejungcenter.org/support-the-center/](http://www.mainejungcenter.org/support-the-center/)
GENERAL INFORMATION

Book Discussion Groups
The Center sponsors discussion groups on topics of interest. Participation is open to Center members. However, the long-running group on James Hollis is currently full. Check our website (under the menu item “Programs”) for information on current book discussion groups. If you are interested in starting a group please contact us!

Certificates of Attendance
The Center’s programs are relevant to the practice of social workers, LCPC’s, psychologists, educators, and health care professionals. For a fee of $5, you can receive a certificate of attendance at the end of each program, which you may present to your relevant licensing Board.

Cycle of Core Courses
The Center offers a three-year cycle of six core courses, one per semester, on these themes: Myth and Fairy Tales, Psychological Type, Complex and Archetype, Dreams, Jung’s Life and Ideas, Individuation and the Self.

Docent Program
The Docent Program at the Maine Jung Center enriches our community in many ways. In exchange for your service, as a docent you can attend certain programs at no cost. Serving as a docent is also a nice way to get to know other members of our community. Docent training times are TBA and flexible. Please contact the Center if you wish to become involved. We welcome your participation!

Library
The Catalogue of the Center’s book collection is viewable online under the “Library” tab. For recent acquisitions, please check the website. The Library is open when the Center is open, with special hours possible. We have an extensive specialized library, magazines, audio collection, and comfortable space for browsing. Borrowing privileges are available to members.

Maine Jung Center Hours
The Center is open Tuesday - Thursday from 11 AM to 4 PM. Please call in advance as hours may change. Special hours can be arranged.

Membership
Member benefits include discounts on all classes and programs; free discussion groups; committee participation; access to our extensive library; an invitation to our annual Members’ Celebration; participation in a vibrant community of individuals engaged in the hard work of individuation. Membership fees provide financial sustainability for the Center, allowing us to continue to present dynamic programming!

On the Web
Please follow us on Facebook, Twitter, or visit our website, www.mainejungcenter.org, for the latest Center musings, membership news, event updates, and weather cancellations. Email us at info@mainejungcenter.org to sign-up for our weekly electronic newsletter.

Refund Policy and Cancellations
Payment is expected at the time of registration. If you cannot attend a program for which you have registered, please contact the Center at least one week in advance of the event for a full refund. The Center may have to cancel a class if there are fewer than 5 registered participants. Please pre-register for programs to avoid any disappointment!

Scholarships and Discounts
The Center offers need-based scholarships for membership and programs. Individuals may make one scholarship request per year. Discounts are also offered to full-time college students. Present your college ID and you may attend any class, workshop or seminar for a reduced fee. Please contact the Center for more information.

Tools of Individuation
Anyone is welcome to submit an outline for a two-hour presentation of their journey toward individuation, and to come to the Center to hear others’ stories. Please email your ideas to the Coordinator at info@mainejungcenter.org.

Volunteer on a Committee
A great deal of the work of the Center is done by dedicated (and friendly!) volunteers. Committees include: Programs; Communications & Development; Library; Membership; Finance. Start by attending a committee meeting and seeing if it’s for you! Interested? Contact Cybele at info@mainejungcenter.org and they’ll put you in touch with a committee chair.