Maine Jung Center

A community of Jungian thought and a forum for discovery where people come alive together through active membership and support for individual growth.

Mark your calendars for our Major Spring Program:

BEVERLEY ZABRISKIE, Jungian Analyst

Emotion: The Alchemy of Life

Lecture and Workshop | May 17 & 18, 2019

www.mainejungcenter.org • (207) 729-0300

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Message from the Board

September marked the 30th anniversary of the establishment of the Maine Jung Center. At this evolutionary milepost—the conclusion of the Center’s first Saturn return, if you will—the Board of Directors is honing in on the challenges and responsibilities that lie ahead. With this Message from the Board as an initial step, we formally announce the 2020-2024 Maine Jung Center Strategic Plan, the development of which will take place over the next six months.

Member involvement will be an essential part of the strategic planning process if it is to be successful. We invite you to participate as much as time allows and ask you to note the following pertinent dates on your calendars:

*February 8* – Members’ Corner event to be held at the home of Jack and Nancy Collins (snow date February 16). Further details will be sent out soon. Please attend this purely social event and complete the survey in person if you haven’t already.

*February 24* – Deadline for the completion of the Member Survey. At [www.mainejungcenter.org/Survey/](http://www.mainejungcenter.org/Survey/) there is a survey you may complete online. Paper copies of the survey are available at the Center at 183 Park Row.

*Late March* – The Board will meet with founding members and local Jungian Analysts in a focus group.

*April 5* – Town Hall: All members and friends of the Jung Center are invited to attend this presentation of survey findings and discussions thus far. It is from here that final decisions will be made for the next five years of the Center, so please let your thoughts be known.

*June 2019* – The Board of Directors will approve the 2020-2024 Strategic Plan for the Maine Jung Center.

We invite your involvement and input throughout the strategic planning process. Please share your thoughts with us at any time by reaching out to info@mainejungcenter.org.

The Maine Jung Center strives to provide its members with consistent quality programming, and we would like to continue to do so. We would love to hear your ideas on what workshops/programs you would like to see. To this end, it is vitally important that you take a few minutes to complete our survey.

We are very excited about our upcoming Winter/Spring 2019 offerings! We welcome back some of our favorite presenters (Chris Beach, Teresa Arendell, and Rick Bouchard, to name just a few. In addition, we are delighted to present
present (and also welcome back) Beverley Zabriskie—some of you may have met her at our Members’ Celebration as she regaled us with stories of her attendance at Esther Harding’s 80th birthday celebration. In May, Beverley will be presenting a two-day workshop on Emotion: The Alchemy of Life.

Much more information on the Maine Jung Center is available at www.MaineJungCenter.org.

With all best wishes and our appreciation for your participation with the Maine Jung Center,

Audrey McMorrow and Peggy Schick, Board Co-Chairs

Board Members and Staff

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Dream Work from a Practical Perspective

Chris Beach

Wednesdays, January 16, 23, & 30, 2019
7 to 9 PM
Portland Friends Meeting, 1837 Forest Ave, Portland, Maine
Members $60, non-members $70

We spend a third of our lives asleep, much of that time dreaming. We look to our dreams for meaning and guidance, following the ways of our ancestors and of such historical figures as Lincoln, Black Elk, Jung, Freud, and von Franz.

In this workshop, we will learn different approaches to dream work in a hands-on and practical way. While different techniques and ways will be described, we will also practice them as a group. The instructor will present a series of dreams; in each case he will play the dreamer who had the dream. Participants will then help the “dreamer” try to grasp the meaning of the dream by trying out the different techniques and approaches that have been described. In this way, everyone will have a chance to experience ways that dreams can be approached to divine their meaning(s).

Chris Beach, J.D., is a Jungian analyst with a private practice in Portland. He works with individuals, facilitates dream groups, and teaches courses on dream interpretation, ethics, psychological type, and Jungian psychology. Earlier Chris served as a teacher & headmaster in Kenya and as an assistant attorney general here in Maine. He is just back from biking & dreaming across America.
In his book *Flying Saucers: A Modern Myth of Things Seen in the Skies*, Jung envisioned the flying saucer phenomenon as intermediary between the heavens and the barely conscious dreadings of the age, post-World War II. He felt that saucer appearances were harbingers of either salvation or predation, perhaps both. The conjunction of opposites would promise to lead to new transformations of consciousness. As such, it was the very epitome of a modern myth, with its own narratives and characteristics.

Sixty years have passed since Jung's writings on the matter, and our hopes and fears have morphed. The first hour of this workshop will be a review of Jung's approach and conclusions, from sources including dreams, paintings, and historical reports of appearances.

In the second half, we will invite audience participation of "things seen in the sky" through personal imaginings, dreams, media features from TV and film. The objective is to advance the perspective that Jung laid down so long ago. Have fundamental shifts occurred? Perhaps by the end of our session we will have a greater appreciation of the "aliens among us."

**John Philson** is a retired consultant, having worked in the fields of information technology and investment finance. He became familiar with Jung, as a college freshman, through curiosity about dreams and the occult. In his current incarnation he is Chair of the Center’s Library Committee and a Board member.
A Valentine Celebration and Gathering
Seven Ways in the Art of Loving…
Body, Soul, Mind, and Spirit

Reverend Dr. Richard A. Dannenfelser

Sunday, February 10, 2019
1 to 3 PM
Maine Jung Center, 183 Park Row, Brunswick, Maine
Members $20, Non-Members $25

Nothing is possible without love…for love puts one in a mood to risk everything.
– C. G. Jung

Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.
– Laozi

A gathering and conversation to explore, discover, recover and FOCUS on a synchronistic, healthy, “mature” way to love and be loved. This will be an exciting, powerful, dynamic experience in the content and process of how, when and why—not in ways and means.

Utilizing SELFMAP, we will explore and experience integration in the art of loving and being loved in your life. We are masters of our own excuses, if not deceptions. Let us “search” together to explore Jung’s understanding of loving and being loved.

Rev. Dr. Richard A. Dannenfelser is Bronx born and bred, a Presbyterian minister, clinical psychologist, certified sexuality counselor and therapist (trained by Masters and Johnson). In private practice in Providence, RI, he is a specialist in PTSD. Dr. Dannenfelser will be teaching The Spirituality of C. G. Jung at Yale University Divinity School in the Fall of 2019.

“The only time we’ll have peace on earth is when the power of love surpasses the love of power.”
– R. Dannenfelser

“The world is much too big for anything but the truth and too small for anything but love.”
– R. Dannenfelser
Core Course: Psychological Type
Knowing Yourself in Depth:
Psychological Type from a Jungian Perspective
Chris Beach

Saturdays, February 23 & March 2, 2019
9 AM TO 4 PM
Maine Jung Center, 183 Park Row, Brunswick, Maine
Members $120, Non-Members $130

My life has been permeated … by one idea and one goal: namely, to penetrate into the secret of the personality. … Every judgment made by an individual is conditioned by his personality type…and every point of view is necessarily relative. – C. G. Jung, MDR, pp. 206-7

Jung’s Psychological Type (1921) has profoundly influenced the field of psychology. Significantly based on Jung’s ideas, the Myers-Briggs Type Indicator is, for example, one of the most widely administered psychological instruments in the world. Its results are used to help individuals with their relationships, social environments, and careers. Yet, psychological type is too rarely linked to individuation and archetypal psychology in the way that Jung, von Franz, and Dr. John Beebe have envisioned.

This 12-hour seminar introduces the student to psychological type from a personal and depth perspective. It is designed to help the student better know their type and how that impacts their life, as well as to learn about other psychological types, particularly those present in the class. We will take examples from everyday life, dreams, film, and literature to see how and how much psychological type influences our lives. We will use the model that John Beebe has developed while also referring to the ideas of Jung, von Franz, and authors closely connected with the MBTI.

Strong Recommendation: Knowledge of your psychological type is essential to get the full benefit of this course. If you are at all unsure of your MBTI psychological type, please contact Chris Beach (772-2779) when you register. Prior to the course, he will administer the MBTI at a reduced fee of $40 and meet with you for two hours to help you identify and begin to understand your type. We strongly recommend that you take advantage of this offer.

Chris Beach, J.D., is a Jungian analyst with a private practice in Portland. He works extensively with psychological type as a counselor and teacher, and has written the detailed training manual used in this course. Earlier, he worked as a headmaster in Kenya and as an assistant attorney general here in Maine.
Emerging Images and Mercurial Myths

Susy Sanders

Saturday, March 9, 2019
9 am to 3 pm
Maine Jung Center, 183 Park Row, Brunswick, Maine
Members $60, non-members $70

In this hands-on, expressive arts workshop, we will discover mythological imagery through a painting exercise similar to finding images in the clouds or in grains of wood. The use of active imagination in this workshop is similar to Jung’s use of active imagination in dreamwork.

Emerging images can be seen as communications from the unconscious that are not only meant for our own development but also for the healing and development of the collective. Through the use of emerging image art, a dialogue takes place as a dance between that which wishes to emerge from our psyche and that which we are able to allow to emerge. Jung directs us to exert as little influence on this inner conversation as possible, discovering the images and giving them life without judgement or critique.

The resultant images bear with them symbols that suggest myths that are both individual and collective. These myths also emerge over time, changing as we emerge, mercurial in nature.

Each participant will produce an emerging image artwork on a square canvas, and the emerging myths will be collectively and individually discovered. Supplies will be provided. You will take home a 12” x 12” painting.

Susy Sanders, Ph.D., is a clinical psychologist and artist with a private practice and retreat center in Phillips, ME. She has studied Jungian and depth psychological theory since the age of 18, in 1971, beginning with the Wilhelm Edition I Ching.
Jung abruptly stopped work on the Red Book to pursue alchemy, which he saw as a mirror image of the individuation process. “The experiences of the alchemists were, in a sense, my experiences, and their world was my world,” he wrote in Psychology and Alchemy. What was it that he saw? What the alchemists called the Philosopher’s Stone, Jung thought of as the Self. In this presentation, Diane Croft will show how she got “cooked” in the alchemical vessel in the same way the alchemists described the transformative operation centuries ago. She will bring life and currency to a psychological process that is not about changing a person into someone else; it’s about bringing something out in a person that has been there all along.

Diane Croft, Ed.M., is a graduate of Wittenberg and Harvard University. She spent most of her career as a publisher at National Braille Press in Boston, MA. For three years, Diane had access to a hidden, animated realm, described by C. G. Jung as “the collective unconscious,” which she describes in her book The Unseen Partner: Love & Longing in the Unconscious. A recent review in Quadrant described it as comparable to Jung’s Red Book but easier to understand.
The ‘Wild Woman’ archetype seems very much present in the collective landscape, calling to be recognized as evident in the transformative power of ‘The Women’s March’ and the ‘#Me Too Movement’. In this time of change, a new paradigm not necessarily of our conscious choosing is emerging. Fundamental principles are changing in the collective landscape. We each must decide whether we want to become co-creators or be swept along by these wild forces.

The Webster Dictionary defines the word ‘Wild’ as: living in a state of nature, not domesticated; impatient when subject to restraint or regulation; destructive, frenzied; turbulent, stormy; unrestrained, fantastic in appearance or ideas; visionary, crazy; eager with desire or enthusiasm, angry… Each of these states is familiar to me… are they to you?

In this three week seminar we will explore together the transformative energy of the ‘Wild Woman’ archetype. How can we recognize ‘Her’? How can we hold and use ‘Her’ power and energy to navigate the here and now? The ancient goddess Artemis will be our guide as we explore these transformative times.

Paola Biola, M.A., is a Jungian analyst who trained at the C. G. Jung Institute-Zurich. Paola has a private practice in Harpswell, where individuals or couples can stay for a weekend of intensive work. She has served as a member and Co-Chair of the Board of the Maine Jung Center.
Death Café

Hosted by Teresa Arendell & Will Furber

Sunday, April 14, 2019
1 to 3:30 PM
Maine Jung Center, 183 Park Row, Brunswick, Maine
FREE for members and non-members
(Donations Welcome)

Maximum Participants: 14

In this meeting lasting for two and a half hours, we will gather to eat cake, drink tea, and discuss death. The objective is ‘to increase awareness of death with a view to helping people make the most of their (finite) lives’. This is a group-directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counseling session. Death Cafes have been held across the U.S. and much of Europe.

These Cafes are offered on a not-for-profit basis (participants may be invited to make a minimal donation), held in an accessible, respectful, and confidential space, and are open-ended having no intention to lead people to any conclusion, product, or course of action. Refreshments, including cake, are provided.

Teresa Arendell, Ph.D., is a Jungian analyst practicing in Maine. She has taught and offered lectures and seminars and served on committees at the Maine Jung Center, the Boston Jung Institute, and various other Jungian associations.

Will Furber, J.D., is a Jungian analyst from North Bath, Maine. He helped found the Maine Jung Center 30 years ago and is a former Board Chair. He is a faculty member of the Boston Jung Institute, where he co-leads a recurring seminar which has as one of its principal aims the enrichment and development of collective life.
This talk will use the images of the Major Arcana of the Tarot, often referred to as the Fool’s Journey (from nigredo to individuation), to paint a landscape of the individuation process of the transgender individual.

Topics to be covered include: analytic dynamics, coming out, community, rites of passage, parents and mentorship, sexual orientation, the Self, politics and justice, liminality, the struggle for equality, sexual differences, addiction, mental health/substance abuse disorders, the use of language, self-acceptance, and individuation.

**Rick Bouchard, LCSW, IAAP,** is a clinical social worker and Jungian analyst. He has been in private practice in Southern Maine since 1999, working with adolescents, adults, couples and offers an ongoing dream group. Rick received his analytic training at the C. G. Jung Institute-Boston. He is a member of the New England Society of Jungian Analysts (NESJA), and has taught on the faculty of the Jung Institute analyst training program. Rick works with the transgender community in his analytic practice. He currently attends Boston Graduate School of Psychoanalysis working on his Doctorate in Psychoanalysis. He is a student of the tarot and did his Diploma Thesis for graduation from the Boston Jung Institute on The Use of Tarot in the Jungian Analyst.
The labyrinth serves as an archetypal symbol of the journey of consciousness and as integration of various parts of ourselves, bringing us closer to the “Self” as eternal.

Using active imagination and expressive tools, we will explore how the Greek Myth of the Labyrinth provides a metaphor for this process. In this myth, the bestial minotaur is imprisoned in the labyrinth by King Minos, who embodies aggression and greed. It was designed to protect others in the same way that we bury and compartmentalize our own inner shadow characters.

King Minos has a daughter, Ariadne, whose name means "Most Holy". Ariadne appeals to Theseus, promising him that she will give him the means to slay the minotaur and a string to guide him out if he will take her with him when he leaves, which he does. Theseus comes to symbolize the power and limits of our inner heroism.

Lois LeBlanc, LCPC, CPT, is a psychotherapist and certified polarity therapist whose work and life is informed by her interest and training in energy fields and depth psychology. She is a past president of the Maine Mental Health Counselors Association and currently serves on the program committee at the Maine Jung Center. Her intimacy with the natural world and her love of people provides the platform from which she functions personally and professionally as clinician and educational presenter. She lives in rural Maine.

Bodhi Simpson, LCPC, ATR, is a Registered Art Therapist. She is a Past President of the Maine Mental Health Counselors Association and is student at Wisdom University working toward a Ph.D. in Wisdom Studies. Bodhi provides individual and group sessions, workshops, trainings, and retreats that incorporate creative expression and work with imagination, intuition and metaphor.
Spring Major Speaker: Beverley Zabriskie

Emotion: The Alchemy of Life

Lecture
Friday, May 17, 2019
7 to 9 PM
Members $20, Non-Members $25

Workshop
Saturday, May 18, 2019
9:30 AM to 1:30 PM
Members $40, Non-Members $50

Both events will be held at: 214/215 Abromson Center, University of Southern Maine, 88 Bedford Street, Portland, Maine

On the one hand emotion is the alchemical fire whose warmth brings everything into existence and whose heat burns all superfluities to ashes. But on the other hand, emotion is the moment when steel meets flint and a spark is struck forth, for emotion is the chief source of consciousness. There is no change from darkness to light or from inertia to movement without emotion.

– C. G. Jung

Friday Lecture
Emotion moves us, and is a force by which we are moved. Emotion is a dynamism and daemon in, through, and across the spectrums of our beings and lives. Emotion harmonizes or divides, attracts or repels, injures or fosters selfhood and resilience, enables repair after rupture. It colors, resonates, imprints, and impacts both self and other.

In nature, emotion serves survival. In relationship, our emotions foster connection and internal balance, or trigger trauma and chronic disorientation. In culture, it leads to creativity.

Jung’s view of psyche as an emotional process allows us to experience and engage, endure and recover as we reflect and imagine ourselves and our world.

Saturday Workshop
Emotion is the essential factor in nature, culture, and psyche. This discussion will evoke species-wide wisdom, the Jungian perspective on the affective psyche, dream imagery, and current neuroscience to explore how emotions appear and are processed in the considered and experienced life.

[Saturday Workshop continued on next page...]
Jung once wrote that the fateful alternatives in life are between bitterness and wisdom. How we engage emotion in day-to-day contexts, how we receive the emotional narratives of our conscious reactions and dreams determines our memories, expectations, and felt sense of personhood in engagement with self, society, and universe.

In therapeutic and educational settings, the capacity to engage the range of emotion shapes our learning curves, and sculpts our receptivity, authenticity, and integrity while engaging with an inner and outer other.

Do we have emotions? Or do our emotions have us? In Jung’s view, emotion links or severs body and mind, provokes reaction, or fuels insight and imagination. In his scheme, emotional equilibrium allows us to be the subjects of our own lives, rather than the objects of our history. Our ability to feel, recognize, and express the spectrums of emotions informs our resilience in meeting and enduring the destructive and healing emotions implicit in our species’ existence.

**About Our Presenter**

*Beaverly Zabriskie is a Jungian Analyst in New York City, a founding faculty member and former President of the Jungian Psychoanalytic Association (JPA). She is a past President of the National Association for the Advancement of Psychoanalysis (NAAP), and past Vice-President of the Philemon Foundation which published The Red Book and other volumes by C. G. Jung. She is currently on the Executive Committee of The Helix Center for Interdisciplinary Investigation at the New York Psychoanalytic Institute. Her many publications include “Spectrums of Emotion” in Research in Analytical Psychology: Applications from Scientific, Historical and Cross-Cultural Research, Vol. 1 (2018); “Energy and Emotion: C. G. Jung’s Fordham Declaration” in Jung in the Academy and Beyond: The Fordham Lectures 100 Years Later (2015); “Time and Tao in Synchronicity” in The Pauli-Jung Conjecture and Its Impact Today (2014); and “A Meeting of Rare Minds”, the Preface to Atom and Archetype: The Pauli-Jung Correspondence (2001).*
The Enneagram and Conscious Relationships

Grace Holland

Saturday, June 1, 2019
1 to 3:30 pm
Jung Center, 183 Park Row, Brunswick, Maine
Members $30, Non-members $35

Everything that irritates us about others can lead to an understanding of ourselves.
– C. G. Jung

Often, we’re aware that certain relationships in our lives challenge us, but we aren’t sure how to improve them. We may ask, “How can she behave that way?” or “Doesn’t he have any feelings?” or “What could that person be thinking?” And we may experience the same frustrating relationship pattern repeating itself with different people.

This workshop will cover the nine Enneagram types and how each is oriented toward relationships with others. Understanding our type—and the types of those around us—can liberate us from stuck patterns of interaction and behavior. As we bring awareness to the inner blueprints we carry unconsciously, we can begin to “wake up” to the authentic potential every relationship holds.

Through lecture, small-group exercises, guided meditation, and music, we will explore the typical “object relations” of each type, how to identify and work with our “instinctual stack,” and some key ways to improve any relationship. This workshop is appropriate for those who are new to the Enneagram as well as longtime aficionados.

Grace Holland, M.A., received her teaching certification from the Enneagram Institute in 2010. Her teachers, Don Richard Riso and Russ Hudson, are renowned Enneagram scholars and authors of The Wisdom of the Enneagram and other bestselling books. Before becoming an Enneagram teacher, Grace worked for a number of years in the fields of communication and publishing. She has used both the Enneagram and Myers-Briggs as a personal and career coach, as well as in her family life. Grace is a member of the International Enneagram Association and has taught in university, church, and small group settings. She lives in Maine with her husband and their two teenage daughters. Grace also helped parent three stepchildren.
Like What You See?

Please consider contributing some of your time to the Maine Jung Center. The volunteer efforts of people like you enable us to offer a diverse calendar of programs and social events. See page 25 or email info@mainejungcenter.org for more information on how to get involved.
This is an accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology. It serves as a summation of Grof’s enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind’s only real hope for the future.

Stanislav Grof heads the Grof Transpersonal Training Program. He was formerly Chief of Psychiatric Research at the Maryland Psychiatric Research Center, Assistant Professor of Psychiatry at Johns Hopkins University School of Medicine, and Scholar-in-Residence at the Esalen Institute.

Jeff Pinnette is a longtime member of the Center who served on the Board for six years including two as Board chair and four as Program Committee chair.
What Matters Most (Portland)
Facilitated by Jennifer Morris

One Saturday per Month:
Starting February 9, 2019
10 am to 12 pm
Portland Friends Meeting, 1837 Forest Ave, Portland, Maine
FREE for members; No pre-registration is necessary

Required Text: What Matters Most by James Hollis

Who looks outside, dreams; who looks inside, awakes.
– C. G. Jung

Please join us for Jungian focused discussions about books, mythology, and fairy tales. Together we can explore the stories that, throughout time, give us important clues on how to live our lives more fully.

We will begin by reading What Matters Most by James Hollis. Taking a fresh look at the concept of happiness, Hollis uses a warm, accessible tone to encourage readers to learn to tolerate ambiguity, embrace growth rather than security, respect the power of Eros, engage spiritual crises, and acknowledge the shadow of mortality.

James Hollis, Ph.D., is a Jungian analyst in private practice and executive director of the Jung Society of Washington. Educated at Manchester College, Drew University, and the Jung Institute in Zurich, he was a humanities professor for more than twenty years and is the author of fifteen books, including the best selling The Middle Passage: From Misery to Meaning at Midlife and The Eden Project: In Search of the Magical Other. Based in Washington, D.C., he lectures frequently throughout the country and worldwide, and has spoken at the Maine Jung Center numerous times.

Jennifer Morris’s Jungian experience started with seven years of personal work with a remarkable Colorado analyst, Katherine Kuisle, Ph.D. This experience profoundly changed Jennifer’s life, opening her heart to the guiding symbology around us and within us. She grew up in Yarmouth and lived in Maine for 40 years before moving to Colorado where she lived—when not working as a physician assistant in Alaska or adventuring on a sailboat in the Bahamas—for 23 years. Now retired, she and the cat are quite settled in South Portland, surrounded by her gardens.
Friday Film Nights at the Center
If you’d like to facilitate a movie night, please let us know at info@mainejungcenter.org.

7 PM AT THE JUNG CENTER
183 PARK ROW, BRUNSWICK, MAINE
DONATIONS WELCOME

Movie nights are an opportunity to view a member-chosen film of interest in a small group and to participate afterwards in an informal discussion. No registration necessary.

January 18
Viewing facilitated by Peggy Schick & Jeff Pinnette

William G. Wilson is co-founder of Alcoholics Anonymous, a man included in TIME Magazine's "100 Persons of the 20th Century". Interviews, recreations, and rare archival material reveal how Bill Wilson, a hopeless drunk near death from his alcoholism, found a way out of his own addiction and then forged a path for countless others to follow. With Bill as its driving force, A.A. grew from a handful of men to a worldwide fellowship of over 2 million men and women—a success that made him an icon within A.A. A reluctant hero, Bill Wilson lived a life of sacrifice and service, and left a legacy that continues every day, all around the world.

February 15
When Love is Not Enough (2010) | Directed by John Kent Harrison
Viewing facilitated by Peggy Schick & Jeff Pinnette

Bill and Lois Wilson each started movements (AA and Al-Anon) that have helped millions of people around the world. They also had an inspiring love story. The two married following Bill's return from World War I. Despite concerns over Bill's drinking, Lois believed he was destined for greatness, and she believed her love and support would eventually persuade him to quit drinking. When he finally attained sobriety, he poured his time and energy into helping other alcoholics, which led to the founding of Alcoholics Anonymous. Lois felt resentment that her patience and devotion were not acknowledged. When she discovered the wives of other alcoholics experienced the same anger and frustration, Lois realized her own experience could be invaluable in helping families of other problem drinkers. This was the beginning of Al-Anon.
March 15

*The Secret of Roan Inish* (1994) | Directed by John Sayles

Viewing facilitated by Lois LeBlanc

10-year-old Fiona is sent to live with her grandparents in a small fishing village in Donegal, Ireland. She soon learns the local legend that an ancestor of hers married a Selkie—a seal who can turn into a human. Years earlier, her baby brother washed out to sea in a cradle shaped like a boat. Then Fiona catches sight of a naked little boy on the abandoned isle and takes an active role in uncovering the secret of Roan Inish.

April 12

*The Killing of a Sacred Deer* (2017) | Directed by Yorgos Lanthimos

Viewing facilitated by Christos Gianopoulos

After the untimely death of 16-year-old Martin’s father on the operating table, little by little, a deep and empathetic bond begins to form between him and the respected cardiothoracic surgeon, Dr. Steven Murphy. Right from the start, a vague, yet unnerving feeling overshadows Martin’s honest intent. In the end, as the sins of one burden the entire family, only an unimaginable and unendurable decision that demands a pure sacrifice can purge the soul. But to find catharsis, one must first admit the sin.

May 31

*Journey of the Universe* (2011) | Directed by David Kennard & Patsy Northcutt

Viewing facilitated by Thankful Butler

Using his skills as a masterful storyteller, author and evolutionary philosopher Brian Thomas Swimme Swimme connects such big picture issues as the birth of the cosmos 14 billion years ago to the invisible frontiers of the human genome as well as to our current impact on Earth’s evolutionary dynamics. Through his engaging and thoughtful observations we discover the profound role we play in this intricate web of life.

**Have an Idea for a Movie Night?**

*If you would like to facilitate or have an idea for a movie night, please let us know at info@mainejungcenter.org.*
With Gratitude to our Donors

The generosity of individual donors (2016 - November 2018) keeps the Maine Jung Center a vital, relevant, inclusive, and engaging space; and ultimately, ensures the fulfillment of our mission and the enrichment of our community.

Harris Circle ($1,000+)

Chris and Kathy Beach
Freda Bernotavicz
Ruth C. Hoffman
Michael Mastronardi - in honor of William D. Geoghegan
Peggy Schick & Jeff Pinnette
Elizabeth Serrage

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Paola Biola
George Bouchard & Joan Dinsmore
Thankful Butler
Walter & Ellie Christie
Kali Coles
Nancy & Jack Collins
Betsy & Vern Cook
Robert Cornett
Diane Croft
Edmund C. Daley - iho Eugene Daley
Kenneth Davis - iho Diane Croft
Judith Day
Kimberly Eames
Carolyn A. Earnest
Rob & Betsy Elder
Christina Ferland
Eliot Field
Nanette Giacoma
Christos & Christine Gianopoulos
Floyd Goffin
Alan & Nancy Grant
Nancy Grice & Bill Daly
Amy Haible
Tracy Hall - iho John Kerr
Marilyn Hardy
Ed & Helen Hawes
Hal & Rachel Henderson
Daniel W. Hildreth & Lillian Harris
Ellen Hirshberg
William & Mary Holt
Marilyn & Paul Huss
Stephen W. Hyde
Birger T. Johnson
Mary Kelley & Paul Tabor
Elizabeth L. Knowles
Frederick Lancaster - iho Thankful Butler
Rocco LaPenta & Linda Albert
Jennifer Legnini
Richard Lynch & Sheila Jepson
Mary L. Maescher
Faith Mason - iho Wolfgang Giegerich
Audrey McMorrow
Maryam & Akiba Mermey
Roger & Margot Milliken
Barbara Murray
Tim H. Parsons
John & Joan Peck
John Philson & Susan Farwell
Katherine B. Potter
Bradford Pusey
Philip Rhinelander & Priscilla Platt
Rev. Peter T. Richardson
Ted Rooney & Pat Cannon
Philip Ross
Linda Sadoff
Susy & Davis Sanders
Lynda Schmidt
Julie Sgarzi
Stephen Spear
Martha L. Spruce
Brian Steppacher - iho Dr. Wolfgang Schwarz
Joy Vaughan
Margaret & Peter Webster
Carolyn Woodworth
WAYS YOU CAN SUPPORT THE CENTER
There are many ways in which you can strengthen the financial base of the Center.

AmazonSmile
Join AmazonSmile and your purchases at Amazon will help the Maine Jung Center! At no additional cost to you, Amazon will donate .5% of your sale to the Center. AmazonSmile works exactly like Amazon, with the same selection of products, prices, and shopping features. Go to Smile.Amazon.com to get started!

Annual Fund
Donations to the Annual Fund help cover each year’s expenses associated with programming and allow us to offer our programs at a reasonable rate to the public.

Additional Types of Donations
Donating cash is just one way to support the Center financially. You can also donate mutual fund or appreciated stock shares, bonds, and life insurance policies! Also, if you are over age 70 ½, you can donate the required minimum distributions from your IRA and other retirement accounts directly to a charitable organization, such as the Maine Jung Center.

Memorial and Tribute Gifts
This gift is a way to remember someone significant to you or who may have been part of the Jung community or honor someone whose life was influenced by Jungian ideas. A tribute gift might recognize a particular accomplishment, or a birthday, retirement, or other life transition.

Planned Giving
One sentence in your will can make a lifetime of difference. To leave a gift in your will, share this sentence with your attorney or financial planner: “I bequeath $_____ or ____% of my estate to the Maine Jung Center, 183 Park Row, Brunswick, ME 04011.” Even easier, you can name the Maine Jung Center as a beneficiary to a portion of your life insurance policy or retirement account. This type of gift can be subject to federal estate taxes when left to family members, but when it’s donated to a charitable organization such as the Maine Jung Center, your money is contributed tax-free.

For more information on giving, visit us on the web at www.mainejungcenter.org/Give/
GENERAL INFORMATION

Book Discussion Groups
The Center sponsors discussion groups on topics of interest. Participation is free and open to Center members. We currently have open discussion groups in both Brunswick and Portland. Check our website (under the menu item "Programs") for more information. If you are interested in starting a group, please contact us!

Tools of Individuation
Anyone is welcome to submit an outline for a two-hour presentation of their journey toward individuation, and to come to the Center to hear others’ stories. Please email your ideas to the Coordinator at info@mainejungcenter.org.

Cycle of Core Courses
The Center offers a three-year cycle of six core courses, one per semester, on these themes: Myth and Fairy Tales, Psychological Type, Complex and Archetype, Dreams, Jung’s Life and Ideas, Individuation and the Self.

Docent Program
The Docent Program at the Maine Jung Center enriches our community in many ways. In exchange for your service, as a docent you can attend certain programs at no cost. Serving as a docent is also a nice way to get to know other members of our community. Docent training times are TBA and flexible. Please contact the Center if you wish to become involved. We welcome your participation!

Volunteer on a Committee
A great deal of the work of the Center is done by dedicated (and friendly!) volunteers. Committees include: Programs; Communications & Development; Library; Membership; Finance. Start by attending a committee meeting and seeing if it's for you! Interested? Contact Cybele at info@mainejungcenter.org and they’ll put you in touch with a committee chair.

Library
The Catalogue of the Center’s book collection is viewable online under the “Library” tab. For recent acquisitions, please check the website. The Library is open when the Center is open, with special hours possible. We have an extensive specialized library, magazines, audio collection, and comfortable space for browsing. Borrowing privileges are available to members.
Membership
Member benefits include discounts on all classes and programs; free discussion groups; committee participation; access to our extensive library; an invitation to our annual Members’ Eve; advertising of relevant events/news in the Member Notices section of our regular e-mails; and participation in a vibrant community of individuals engaged in the hard work of individuation. Membership fees provide financial sustainability for the Center, allowing us to continue to present dynamic programming. Thank you for your support!

On the Web
Please follow us on Facebook, Twitter, or visit our website, www.mainejungcenter.org, for the latest Center musings, membership news, event updates, and weather cancellations. Email info@mainejungcenter.org to sign-up for our weekly e-mail communications.

Refund Policy and Cancellations
Payment is expected at the time of registration. If you cannot attend a program for which you have registered, please contact the Center at least one week in advance of the event for a full refund. The Center may have to cancel a class if there are fewer than 5 registered participants. Please pre-register for programs to avoid any disappointment!

Scholarships and Discounts
The Center offers need-based scholarships for membership and programs. Individuals may make one scholarship request per year. Discounts are also offered to full-time college students. Present your college ID and you may attend any class, workshop or seminar for a reduced fee. Please contact the Center for more information.

Certificates of Attendance
The Center’s programs are relevant to the practice of social workers, LCPC’s, psychologists, educators, and health care professionals. For a fee of $5, you can receive a certificate of attendance at the end of each program, which you may present to your licensing Board.

Maine Jung Center Hours
The Center is typically open Tuesday to Thursday from 11 AM to 4 PM. Please call in advance as hours may change. Special hours can be arranged.