Maine Jung Center

A community of Jungian thought and a forum for discovery where people come alive together through active membership and support for individual growth.

Fall Weekend 2019
The Annual Mildred Harris Lecture

John Peck, PhD
Sherlocking Suffering in The Red Book and in Ourselves
Lecture / October 25, 2019

www.mainejungcenter.org * (207) 729-0300
www.facebook.com/MaineJungCenter
Message from the Board

To complement autumn’s promise of fresh, crisp weather, we have fresh new offerings on the calendar this coming semester along with some traditional favorites. All are reasons for members and friends to feel excitement around their engagement with the Maine Jung Center.

For new members who have joined in the last year, we introduce the New Member Orientation. Mark your calendars for Friday, September 6, when we will hold a small, intimate gathering at the Center where you can meet other newer members and enjoy a beverage and some nibbles. A few Board member volunteers will outline the benefits of membership (and there are a number) as well as opportunities for you to become more involved if you are so inclined. We will also show a brief but fun film introducing common Jungian terms. We hope you can come!

For programs, this year we are proud to offer some familiar themes and some newer. Poet, Jungian Analyst, and editor John Peck will be our guest speaker at the October 25 annual Mildred Harris Lecture, where he will present "Sherlocking Suffering in The Red Book and in Ourselves". Also, much-loved member analyst Teresa Arendell will present the multi-day core course Complex and Archetype in November. For something completely different, new member Celia Mantovani will present Brazilian Myths and Tales on November 2. Other presenters, including Dana Sawyer, Robert Kamman, Rick Bouchard, Marilyn Hardy, David Peloquin, Jean Wood, and Lois LeBlanc have wonderful programs to offer as well. You will find details and much more in this newsletter.

Your continuing involvement in the Maine Jung Center is what makes our Jungian community so rich. Thank you for making time for Members’ Eve on September 27 (invitation to come—Figures of Speech Theatre is back!), the October 25 Mildred Harris Lecture with John Peck, other great programs of your choosing, movie nights (you’ll find dates and titles on pages 21-22), and any other way you choose to engage.

The Board would like to extend its heartfelt gratitude to Chris Gianopoulos who recently completed her Board responsibilities in June. Chris has served the Maine Jung Center for many years not only as Finance Chair but as a member of the Board for the last five years. Chris, your wisdom and vision will be missed!
Finally, we wish a warm welcome to our newest Board members Megan Hartman, Pamala Prosch, Leyza Toste, and a welcome back to Jeff Pinnette. We are excited to have you all "on board" and look forward to your fresh ideas!

See you soon, and on behalf of the Maine Jung Center Board of Directors,

Audrey McMorrow and Peggy Schick, Board Co-Chairs

Board Members and Staff

BOARD MEMBERS

Jack Collins, Membership Committee
Marilyn Hardy, Communications Committee
Megan Hartman, Communications Committee Chair
Audrey McMorrow, Board Co-Chair, Membership Committee Chair, Program Committee Co-Chair
John Philson, Library Committee Chair
Jeff Pinnette, Program Committee Co-Chair, Membership Committee
Pamala Prosch, Program Committee
Peggy Schick, Board Co-Chair, Treasurer, Personnel & Operations Committee Chair, Finance Committee Chair
Leyza Toste, Secretary, Membership Committee

STAFF

Cybele Brandow, Coordinator
Calendar & Index

September
Friday, 13th ✴ Movie Night: The Adventures of Prince Achmed ......................... 21
Friday, 20th ✴ The Esalen Institute and the Future of Human Spirituality .... 5
Saturday, 21st ✴ Are You Only Your Brain? .......................................................... 5
Friday, 27th ✴ Members’ Eve: Four Quartets ....................................................... 6
Sunday, 29th ✴ Fairy Tale Group: Mirror Mirror on the Wall ......................... 18

October
Saturday, 5th ✴ Book Discussion Group: What Matters Most ......................... 20
Sunday, 6th ✴ Tools: Psychotherapy with Psychotics ......................................... 7
Saturday, 12th ✴ Embodying the Symbols of the Tarot .................................. 8
Friday, 18th ✴ Movie Night: Samsara ................................................................. 21
Sunday, 20th ✴ Book Discussion Group: Projection and Re-Collection .......... 19
Sunday, 20th ✴ Tools: Cosmic Dance of Astronomica ..................................... 9
Friday, 25th ✴ Mildred Harris Lecture: John Peck
  Sherlocking Suffering in The Red Book and in Ourselves ....................... 10-11

November
Saturday, 2nd ✴ Myths and Tales of Brazil ......................................................... 12
Sundays, 3rd, 10th ✴ Embodying Ancient Wisdom:
  The Bow... the Howl... and the Prayer .................................................... 13
Tuesdays, 5th, 12th, 19th ✴ Core Course: Complex & Archetype
  Jung’s Notions of Archetypes and Complexes Viewed through the Prism
  of the Second Half of Life: Aging and Being Aged ................................ 14
Friday, 15th ✴ Movie Night: New Psychedelics Research ................................. 22
Sunday, 17th ✴ Tools: Symbolism in Herman Melville’s
  Moby-Dick, Revisited .................................................................................. 15
Friday, 22nd ✴ Introduction to Holotropic Breathwork .................................. 16
December
Sundays, 8th, 15th ♦ The Part of Fortune in Your Individuation Process ....... 17
Friday, 13th ♦ Movie Night: Tomorrow................................................................. 22

Book Discussion Groups ...................................................................................... 18-20
Friday Film Nights ............................................................................................... 21-22
Donor Recognition and Support the Center ...................................................... 23-24
General Information ............................................................................................ 25-26

For more information and program updates, visit us on the web at www.mainejungcenter.org
Lecture Series: Dana Sawyer

"The Esalen Institute and the Future of Human Spirituality" & "Are You Only Your Brain?"

Friday, September 20  Saturday, September 21, 2019
7 to 9 pm     10 am to 12 pm

Both Events Held at Maine Jung Center, 183 Park Row, Brunswick

"The Esalen Institute and the Future of Human Spirituality"
Friday, September 20, 7 pm
Members $15, Non-Members $20

The Esalen Institute, located in Big Sur, CA, was founded in 1962 as a center for consciousness studies, the development of latent human potentialities, and the exploration of an open-minded spirituality. Esalen is remembered for championing the work of Aldous Huxley, Abraham Maslow, Joseph Campbell, Alan Watts, Ida Rolf, Fritz Perls, Ram Dass, Stanislav Grof and others, but what is its direction today? Dana Sawyer, a retired professor involved with the curriculum at Esalen, will share notes from the current discussion and share a short video about the Institute.

"Are You Only Your Brain?"
Saturday, September 21, 10 am
Members $15, Non-Members $20

Despite today’s definite turn in psychology toward the assumption that all aspects of our minds are created by our physical brains, Transpersonal psychologists argue that we have metaphysical and transpersonal aspects of who we are. In this talk, Dana Sawyer describes new models of the human psyche supplied by Stanislav Grof and other Transpersonalists, while also giving evidence in support from such disciplines as quantum physics and comparative mysticism.

Dana Sawyer is professor emeritus of Philosophy and Religion at the Maine College of Art and a member of the Advisory Board of the Chaplaincy Institute of Maine. He has written biographies of Aldous Huxley and Huston Smith as well as articles for such magazines as Tricycle, Yoga Journal, and Parabola. Currently, he is writing a handbook of the Perennial Philosophy and helping the Esalen Institute determine its future curriculum.
Members' Eve 2019

The Maine Jung Center presents:
An evening with Figures of Speech Theatre and T. S. Eliot’s Four Quartets

Friday, September 27, 2019
5:30 to 8:30 PM
Fellowship Hall, Pilgrim House, 9 Cleaveland Street, Brunswick
Members/Guests of Members $30

We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.
- T. S. Eliot, Four Quartets

Let us gather together once again this fall in anticipation of an exciting year for the Maine Jung Center. There is much to celebrate as we "harvest" our collective vision moving forward. We are pleased to announce that we will be joined by a millennial favorite, Figures of Speech, who will perform T. S. Eliot's final poetic masterwork, Four Quartets.

Eliot, a contemporary of Jung, published these four poems independently between 1936 and 1942, and together for the first time in 1943. Four Quartets presents four deeply moving meditations on time, memory, and human striving toward the divine. Throughout, Eliot blends his Anglo-Catholic background with various mystical, philosophical, and poetic works from Eastern and Western religious and cultural traditions, referencing the Bhagavad-Gita, the Pre-Socratics, St. John of the Cross, Julian of Norwich, Dante, John Keats, the Zhuangzi and others. Join us for a beautiful recitation of the work, followed by a group exercise to integrate the experience.

Members will receive an invitation to this event. If you’re not already a member and want to attend, please join!
Tools of Individuation:
Psychotherapy with Psychotics: Notes from a Beginner

Robert J. Kamman

Sunday, October 6, 2019
2 to 4 pm
Maine Jung Center, 183 Park Row, Brunswick
Members $15, Non-members $20

The poet T. S. Eliot said, "All your secrets are discovered in an image. To locate the image is to locate our innermost secrets." How can we come to know these images in the shadowy regions of the psychotic mind and even in our own mind? Dr. Kamman will reflect on his 32 years working with psychotic patients and how he came to understand what Jung meant when he said, "The wealth of the soul exists in images."

Today people are not so comfortable being alone with their own images and their own thoughts. Because the function of the image is to create our conscious experience of psychic reality, what can we learn from the images that spontaneously arise from our own souls? Our personal growth depends upon this.

Richard J. Kamman, PhD, received his BA in Philosophy and Classical Languages. He obtained a Master’s Degree in Physics and Chemistry from the Catholic University of America in Washington, D.C. and his PhD in Clinical Psychology from the California School of Professional Psychology in San Diego, CA. His Doctoral Dissertation was titled, "An Investigation into the Parallels and Correspondence Between Jung's Structure of the Psyche and Quantum Physics".

He taught high school Physics and Mathematics for five years and after receiving his Doctorate he spent 32 years at the Buffalo Psychiatric Center working with seriously and persistently mentally ill patients. He spent 5 years in analysis with Robert Johnson while in San Diego. He is now retired and lives with his wife on the lake at Panther Pond.
Embodying the Symbols of the Tarot

Rick Bouchard

SATURDAY, OCTOBER 12
11 AM TO 4 PM
PORTLAND FRIENDS MEETING, 1837 FOREST AVE, PORTLAND
MEMBERS $50, NON-MEMBERS $60

This program will integrate aspects of Jungian psychology with the tarot, particularly the relationship between the four functions, the archetypes, and the corresponding images within the tarot. We will focus on a juxtaposition of the Tarot’s four suits (pentacles, swords, cups, and wands) with the four corresponding elements (earth, air, water, and fire, respectively), and the four Jungian functions (sensation, thinking, feeling, and intuition, respectively) by using various formats of "live" tarot readings.

**Rick Bouchard, LCSW, IAAP, is a Jungian analyst with a private practice in Southern Maine since 1999, working with adolescents, adults, couples and offers an ongoing dream group. Trained at the C. G. Jung Institute-Boston, Rick Bouchard is a member of the New England Society of Jungian Analysts and has taught on the faculty of the Jung Institute analyst training program. He currently attends the Boston Graduate School of Psychoanalysis working on his Doctorate in Psychoanalysis. He's a student of the Tarot and did his Diploma Thesis for graduation from the Boston Jung Institute on "The Use of Tarot in the Jungian Analyst".**
Tools of Individuation:
The Cosmic Dance of Astronomica
Lois LeBlanc & Audrey McMorrow

Sunday, October 20, 2019
2 to 4:30 PM
Maine Jung Center, 183 Park Row, Brunswick
Members $15, Non-Members $20

Held each year in Chartres, France, the Chartres Academy presents a week-long intensive on one of the seven liberal arts. This year, the focus was on Astronomica, a contemplation of the cosmic order and how the various planets and star systems influence world events and human behavior. Guest speakers included Rick Tarnas, Jim Garrison, Carolyn Myss, Andrew Harvey, and Linda Tucker, each with their own very special focus.

Maine Jung Center members Audrey McMorrow and Lois LeBlanc were in attendance and wish to share their amazing experience and the wisdom they gained as a result. They will present such topics as:

- Quantum physics and the world of interconnection;
- The power of forgiveness;
- The White Lions of Timbavati and the Star Alliance;
- The Astrological Forecast; and
- Chartres Cathedral and the labyrinth - seat of the mother - Black Madonna/ Virgin Mary.

Lois LeBlanc LCPC, CPT is a Licensed Clinical Professional Counselor, Certified Polarity Therapist and workshop presenter in the State of Maine. Lois has a private practice in Lovell, Maine where she works with children, adolescents, and adults. She is a Past President of the Maine Mental Health Counselors Association and is currently serving on the program committee of the Maine Jung Center. Her work is informed by her studies in developmental issues, depth psychology, energy awareness, and EMDR. She is one third owner of the workshop travel business: Wisdom Journeys, LLC.

Audrey McMorrow, LPC, BCC, is a licensed therapist and Psychosynthesis Life Coach. She is co-founder of Vast Horizons Center for Personal Growth in Brunswick, ME, and is Co-Chair of the Board of the Maine Jung Center. She has a Master’s in Holistic Counseling, and trained for several years in Psychosynthesis, a transpersonal psychology. In addition to her private practice, Audrey facilitates workshops and women’s groups.
In Appreciation of Mildred Harris

Mildred’s involvement with Analytical Psychology began in 1935. She was a charter member of the Analytical Psychology Club of the C. G. Jung Foundation of New York. In 1936, Mildred attended Jung’s lectures at Bailey Island in Maine, where Jung predicted an unfavorable prognosis for a Jungian cure for her epilepsy. Nevertheless, she attributed her eventual recovery to the years of analysis she undertook in New York.

Mildred practiced physical therapy in New York, utilizing techniques in yoga, breathing and imagery, and taught training courses on relaxation and natural childbirth. In 1978, she retired and moved to Brooklin, Maine, where her family had summered for years. Mildred became a vibrant member of the Jungian community in Maine, attending the Jung Seminars at Bowdoin College under the direction of Professor Bill Geoghegan.

Her regard for Jungian psychology and her love of Maine came together in the 1988 founding of the C. G. Jung Center for Studies in Analytical Psychology. Mildred served as a consultant to the newly-formed Center and taught a course entitled, ”Psyche and Soma: Developing Innate Integrative Capabilities”.

Mildred Harris died in 1989. Her gift and legacy live on as the Maine Jung Center. In addition, it was Mildred’s wish that a free public lecture be held annually to make the ideas of C. G. Jung accessible to all. The Friday evening lecture as part of Fall Weekend brings her vision to life each year.
One year before WWI, his large book on mythological symbols in print, Jung realized with a shock that he "had no myth". Soon began "my greatest experiment", the private Liber Novus or The Red Book. In its light a century later one can wager that (a) we do not have our souls, but our souls have us; and (b) god no longer comes from above but from below, and not from outside but from inside.

We are not merely "interested in" these things—we suffer them, or we walk away. In this session, Dr. Peck will demonstrate how one might draw light from certain key passages along with some of the large paintings—page 129’s dragon, page 163’s golden castle mandala, and the earlier 17-frame egg-incubation sequence—and how they inform a second-order initiation, in Jung’s own phrase in his dictated memoir, archetypal initiation. The aims of this lecture are to stimulate perception and to meet your questions.

John Peck, PhD, of Brunswick, Maine, born 1941, PhD in English from Stanford, has taught at Princeton, Mount Holyoke, the University of Zurich, and Skidmore, has written eleven books of poetry, worked as an analyst since the early ‘90s, and since 2006 collaborated with colleagues at the Philemon Foundation, including Sonu Shamdasani and Mark Kyburz in translating The Red Book.
Myths and Tales of Brazil

Celia Mantovani

Saturday, November 2, 2019
2 to 4 pm
Maine Jung Center, 183 Park Row, Brunswick
Members $20, Non-members $25

In this workshop we will travel to the tropical Collective Unconscious of Brazil, a land of sandy beaches, rain forest, exotic nature. Also a land where slavery has reached its most brutal aspect, where indigenous tribes were slaughtered and conquered by the arriving Europeans. What could result from this fusion of violence and prolific nature? What lies underneath our Brazilian consciousness? Would this knowledge help to understand the violence, the wealth imbalance, the typical "ready-to-party" mindset that characterizes Brazil nowadays? We will go through the Native Brazilian myths and tales, the African Brazilian religion and their deities, and the folk myths that emerged in Brazil’s process of colonization by Portugal.

Celia Mantovani, MD, PhD, lives in Portland, ME. She has worked for 23 years as a Psychiatrist and Jungian Psychotherapist in her origin country, Brazil, in the countryside of Sao Paulo State. She completed her Jungian Psychotherapy Specialization in the "Nise da Silveira", Center of Jungian Studies of Ribeirao Preto, Sao Paulo State, Brazil, an affiliate of the Brazilian Jungian Association and of the IAAP (International Association for Analytical Psychology).
Embodying Ancient Wisdom: The Bow... the Howl... and the Prayer

Marilyn Hardy

Sundays, November 3 & 10, 2019
2 to 4:30 pm
Maine Jung Center, 183 Park Row, Brunswick
Members $50, non-members $60

We’re incredibly old—we hold the history of the stars in our pockets.
– Peter Kingsley

What happens if we embody the ancient gestures of the bow, the howl, and the prayer pose? Where will the archetypal imagination take us? What significance do these ancient gestures hold for us, personally and collectively, today?

In this workshop, we will utilize the Feldenkrais Method®, the use of mindful movement and directed attention, to enter the internal sensory world. We will also draw from the work of ancient Greek scholar, Peter Kingsley, author of Catafalque: Carl Jung and the End of Humanity (2018).

Marilyn Hardy, MS, GCFP, has been a Guild Certified Feldenkrais® Practitioner since 1983. She also has a background in counseling, body-centered psychotherapy, and ecopsychology. She enjoys creating embodied learning environments, exploring the dynamic interface of self and world. She presently serves on the Board of the Maine Jung Center.
Archetypes and complexes are central to C. G. Jung's model of the dynamic psyche. Jung was consistent in his view that archetypes are "identical psychic structures common to all". The psychic forms of the collective unconscious, archetypes include the patterns that make up our images, affects, thoughts, and behaviors. We experience archetypes through their numinous and sacred qualities.

Complexes are "fragment personalities" which form around an emotionally charged nucleus. They are intimately related to archetypes: every complex is rooted in an archetype. Complexes are both personal and cultural. We come to know our complexes by bringing them into our conscious awareness.

In this introductory course, we explore Jung's notions of archetypes and complexes with an excursion through experiences of and expectations about aging and being old. Jung was first among psychologists in viewing the totality of life as being an evolving process. He saw old age as a time of internal growth and personal development, a time to discern a new sense of purpose or meaning in later life.

Teresa Arendell, PhD, is a practicing Jungian analyst. A college professor in sociology for many years, she's held multiple postdoctoral fellowships. She's taught and offered lectures and seminars and served on committees at the Maine Jung Center, the C. G. Jung Institute – Boston, and various Jungian associations. She enjoys teaching and living in Maine.
Tools of Individuation:
Symbolism in Herman Melville's *Moby-Dick*, Revisited

David Peloquin

**Sunday, November 17, 2019**
2 to 4 PM
Maine Jung Center, 183 Park Row, Brunswick
Members $15, non-members $20

*The problem for [poets] is to keep [their] symbol translucent, so that it may not block out the light it is supposed to convey.*

– Martin Lings, *Symbol & Archetype*  
(referencing Joseph Campbell, *The Hero with a Thousand Faces*)

Carl Jung considered Herman Melville’s *Moby-Dick* to be America’s greatest novel, and Harold Bloom declared that Melville was a "knowing bearer" of "hidden traditions". Recent research and scholarship have uncovered several new hidden symbolic chains in Melville’s epic poem. This lecture will introduce the major findings of these symbolic arcs, including:

✴ The Persian symbolic source of Ahab’s single tear, representing the "drop" that returns to the Ocean of the Soul;
✴ Lunar symbolism that is woven into the chain of associations between Ishmael, Queequeg, the coffin, and the indecipherable tattoos;
✴ Melville’s intention of giving ‘little black Pip’ the symbolic role of a shaman;
✴ The discovery of the ship carpenter’s symbolic roles as astrological Saturn and as mythic Chronos.

A refreshed methodology originally offered by Melville scholar Merton Sealts Jr. was used to sound these depths. Hidden symbolic associations and correlations were found along a "vertical", archetypal, and timeless axis rather than along a "horizontal" narrative that unfolds in time.

David Peloquin is a lifetime artist, sound engineer, writer, and internationally known folk musician. He teaches Insight Meditation in seminars, talks, and in private instruction. His work draws from the well of all the great wisdom traditions. Mr. Peloquin is an independent Herman Melville scholar focused on spiritual themes and symbolism in *Moby-Dick*. He has worked as a sea-music performer and professional historic interpreter at Mystic Seaport Museum, and has presented four symposium papers on symbolism in *Moby-Dick* for the Melville Society’s annual Music of the Sea symposium.
"Holotropic" is derived from the Greek holos—"whole"—and trepein—"to move towards"; thus it signifies "moving towards wholeness". Holotropic Breathwork was developed to provide an experience in self-exploration. It is based on observations from modern consciousness research combined with the wisdom of multiple and diverse cultures that have used non-ordinary states of consciousness for healing, information-gathering, and spiritual connection. Holotropic Breathwork provides profound insights and archetypal connections.

In this class, we will discuss the background of Holotropic Breathwork and review techniques used in this practice. We will discover how supported experiences in non-ordinary states of consciousness can facilitate a deeper understanding of ourselves, our relation to others, and our place in the universe. These experiences will provide you with tools you can use daily, including levels of emotional and spiritual understanding to foster calm and optimism amidst the difficulties of the world.

Jean Wood has been participating in Holotropic Breathwork sessions since 1989, and certified as a facilitator with the Grof Transpersonal Training (GTT) in 2006. She has facilitated in large groups with Stan Grof and staff at Naropa University, Omega Institute, and Kripalu, and has assisted with smaller groups in the Pacific Northwest. She has long used this work as a primary psycho-spiritual discipline for her own personal growth and learning, and is always eager to share it with others. She lives in Maine and offers weekend workshops in the Midcoast area as well as in Boston.
The Part of Fortune in Your Individuation Process

Peggy Schick

Sundays, December 8 & 15, 2019
2 to 4 PM
Maine Jung Center, 183 Park Row, Brunswick
Members $40, non-members $50

Human psychological behavior and the cosmos share archetypal patterns. It is a phenomenal mystery why this is so, but by understanding these patterns we gain an amazingly helpful set of psychological tools for understanding our own individuation process.

In this astrology workshop, we’ll look specifically at the Part of Fortune, a mathematically derived point of harmony involving the Ascendant, Sun, and Moon. Its placement in the natal chart describes the place of truest expression of the soul. After a review of the archetypal qualities of the astrological signs and houses, and with guidance by the instructor, participants will take turns interpreting their own Part of Fortune placement.

In advance of class, registrants are asked to provide their place of birth, DOB, and their exact time of birth. Registrants will receive a copy of their natal chart in class.

*Some foundational knowledge of astrology is a prerequisite to this class.

Peggy Schick is a professional intuitive astrologer and Reiki practitioner in Topsham. She teaches astrology classes through several adult learning organizations in Maine. Peggy is certified in Archetypal Cosmology through the Institute of Transpersonal and Archetypal Studies, New York. She also holds a BS in biology from SUNY Geneseo and an MBA from Simmons University, Boston. Peggy enjoys sharing astrology’s insights with others who are on a quest for deeper self-knowledge, self-love, and connection with higher consciousness. She is Co-Chair of the Board of the Maine Jung Center.
Book Discussion Groups

*Mirror Mirror on the Wall* (Brunswick)
Facilitated by Mary Kelley

**Last Sunday of the Month:**
*Continuing September 29, 2019*
2 to 4 PM

**Jung Center, 183 Park Row, Brunswick**
FREE for members and non-members; No pre-registration is necessary
(Donations Graciously Accepted)

We will explore fairy tales from around the world to see what we can learn about how these timeless tales illuminate psychic processes. Hearing and reading the stories can be entertaining and soothing. Interpreting them can unearth kernels of truth. Participants are encouraged to bring their love of stories.

*Mary Kelley is a local psychotherapist, and a former member of the Maine Jung Center Board of Directors. She recently taught a class at the Center "Understanding Ourselves Through Fairy Tales".*
Book Discussion Groups (continued)

*Projection and Re-Collection* (Brunswick)
Facilitated by Jeff Pinnette

**Third Sunday of the Month:**
**Starting October 20, 2019**
**10 am to 12 pm**
**Jung Center, 183 Park Row, Brunswick**
**FREE for members; No pre-registration is necessary**

**Required Text:** *Projection and Re-Collection* by Marie-Louise von Franz

This work is a classic of Jungian literature that at its most basic level provides a map and guide to the recognition and reclaiming of projections. More broadly, this book explores the Jungian foundation to consciousness and the collective unconscious.

The format of the discussion group will be to read one or more Chapters each month prior to the discussion group as shown in the syllabus (see website for more information). Key passages will be read again during the session so that it will be possible to not keep up with the reading, but still participate in a meaningful way in the discussion.

*Jeff Pinnette* is a longtime member of the Center who served on the Board for six years including two as Board chair and four as Program Committee chair. He is currently serving a new term on the Board as Co-Chair of the Program Committee.
What Matters Most (Portland)
Facilitated by Jennifer Morris

Second Saturday of the Month:
Continuing October 5, 2019
10 AM TO 12 PM
Portland Friends Meeting, 1837 Forest Ave, Portland
FREE for members; No pre-registration is necessary

Required Text: What Matters Most by James Hollis

Who looks outside, dreams; who looks inside, awakes.
– C. G. Jung

Please join us for Jungian focused discussions about books, mythology, and fairy tales. Together we can explore the stories that, throughout time, give us important clues on how to live our lives more fully.

We will begin by reading What Matters Most by James Hollis. Taking a fresh look at the concept of happiness, Hollis uses a warm, accessible tone to encourage readers to learn to tolerate ambiguity, embrace growth rather than security, respect the power of Eros, engage spiritual crises, and acknowledge the shadow of mortality.

James Hollis, PhD, is a Jungian analyst in private practice and executive director of the Jung Society of Washington. Educated at Manchester College, Drew University, and the Jung Institute in Zurich, he was a humanities professor for more than twenty years and is the author of fifteen books, including the best selling The Middle Passage: From Misery to Meaning at Midlife and The Eden Project: In Search of the Magical Other. Based in Washington, D.C., he lectures frequently throughout the country and worldwide, and has spoken at the Maine Jung Center numerous times.

Jennifer Morris’s Jungian experience started with seven years of personal work with a remarkable Colorado analyst, Katherine Kuisle, PhD. This experience profoundly changed Jennifer’s life, opening her heart to the guiding symbology around us and within us. She grew up in Yarmouth and lived in Maine for 40 years before moving to Colorado where she lived—when not working as a physician assistant in Alaska or adventuring on a sailboat in the Bahamas—for 23 years. Now retired, she and the cat are quite settled in South Portland, surrounded by her gardens.
Friday Film Nights at the Center

If you’d like to facilitate a movie night, please let us know at info@mainejungcenter.org.

7 PM AT THE JUNG CENTER
183 PARK ROW, BRUNSWICK
DONATIONS WELCOME

Movie nights are an opportunity to view a member-chosen film of interest in a small group and to participate afterwards in an informal discussion. No registration necessary.

September 13
The Adventures of Prince Achmed (1926) | Directed by Lotte Reiniger
Viewing facilitated by Cybele Brandow

The oldest surviving feature-length animated film in the history of cinema, this captivating film by pioneering animator Lotte Reiniger tells the tale of Prince Achmed’s magical adventures. Taken from the stories of the Arabian Nights, the film follows Prince Achmed as he rides a flying horse to faraway lands and embarks on a heroic journey, which includes befriending a witch, meeting Aladdin, battling demons and falling in love with a princess. The entire film is animated using the silhouette technique, which employs movable cardboard and metal cutouts posed in front of illuminated sheets of glass.

October 18
Samsara (2011) | Directed by Ron Fricke
Viewing facilitated by Audrey McMorrow

Filmed over nearly five years in twenty-five countries on five continents, and shot on seventy-millimetre film, Samsara transports us to the varied worlds of sacred grounds, disaster zones, industrial complexes, and natural wonders. Samsara travels the globe from Tibetan monks, to east African tribesmen, to Chinese factory workers, to the tangled web of freeways in Los Angeles, to the destruction caused by Hurricane Katrina, and more. Throughout the visual epic, it maintains the themes of life and death, permanence and impermanence, and the flow and rhythm of our world’s energy.
November 15
New Psychedelics Research (series of short videos)
Viewing facilitated by Jeff Pinnette

Inspired by Michael Pollan’s most recent book *How to Change Your Mind*, we will explore a series of short videos on the new science of psychedelics and its implications including: Michael Pollan – "Psychedelics and How to Change Your Mind"; Robin Carhart-Harris – Ted Talk - "The Future of Psychedelics"; and "A New Understanding: The Science of Psilocybin". Many people have explored psychedelics as part of a spiritual journey and now the new science of psychedelics offers a compelling case on the therapeutic benefits including addiction, depression and anxiety when these compounds are used in a safe controlled environment with appropriate oversight.

December 13
*Tomorrow* (2015) | Directed by Cyril Dion & Mélanie Laurent
Viewing facilitated by Rocco LaPenta

Faced with a future that scientists say is a great cause for concern, *Tomorrow* does not give in to catastrophism. Optimistically, it identifies initiatives that have proven themselves in ten countries around the world: concrete examples of solutions to environmental and social challenges of the twenty-first century, be it agriculture, energy, economy, education and governance. The movie is cited by many French people as the trigger for a new kind of engagement in the course of the following years. The co-director Cyril Dion has since been using the movie’s success to support the *mouvement Colibris* (Hummingbird movement), a group looking forward to change modern lifestyle.

*Have an Idea for a Movie Night?*

*If you would like to facilitate or have an idea for a movie night, please let us know at info@mainejungcenter.org.*
WITH GRATITUDE TO OUR DONORS

The generosity of individual donors (August 2017 - 2019) keeps the Maine Jung Center a vital, relevant, inclusive, and engaging space; and ultimately, ensures the fulfillment of our mission and the enrichment of our community.

Harris Circle ($1,000+)

Chris & Kathy Beach
Freda Bernotavicz - IN MEMORY OF Karen Gillman
Thankful Butler & Frederick Lancaster
Michael Mastronardi - IN HONOR OF William D. Geoghegan
Peggy Schick & Jeff Pinnette

Friends of the Maine Jung Center

Anonymous
Paola Biola
Elizabeth Coleman
Kali Coles
Betsy & Vern Cook
Robert Cornell
Diane Croft
Kenneth Davis  
  IHO Diane Croft
Judith Day
Carolyn A. Earnest
Eliot Field
Nanette Giacoma
Christos & Christine Gianopoulos  
  IMO Karen Gillman
Floyd Goffin
Alan & Nancy Grant
Amy Haible

Tracy Hall
  IHO John Kerr
Marilyn Hardy
Ed & Helen Hawes
Hal & Rachel Henderson
William & Mary Holt
Stephen W. Hyde
Mary Kelley & Paul Tabor
Rocco LaPenta & Linda Albert
Jennifer Legnini
Faith Mason  
  IHO Wolfgang Giegerich
Audrey McMorrow
Roger & Margot Milliken
Tim H. Parsons
Marby Payson
John & Joan Peck
John Philson & Susan Farwell
Bradford Pusey  
  IHO Paul & Marilyn Huss
Philip Ross  
  IMO Mildred E. Harris
Linda Sadoff
Lynda Schmidt
Julie Sgarzi
Martha L. Spruce
Brian Steppacher  
  IHO Dr. Wolfgang Schwarz
Joy Vaughan
Margaret & Peter Webster
Carolyn Woodworth
WAYS YOU CAN SUPPORT THE CENTER
There are many ways in which you can strengthen the financial base of the Center.

AmazonSmile
Join AmazonSmile and your purchases at Amazon will help the Maine Jung Center! At no additional cost to you, Amazon will donate .5% of your sale to the Center. AmazonSmile works exactly like Amazon, with the same selection of products, prices, and shopping features. Go to smile.amazon.com to get started!

Annual Fund
Donations to the Annual Fund help cover each year’s expenses associated with programming and allow us to offer our programs at a reasonable rate to the public.

Additional Types of Donations
Donating cash is just one way to support the Center financially. You can also donate mutual fund or appreciated stock shares, bonds, and life insurance policies! Also, if you are over age 70 ½, you can donate the required minimum distributions from your IRA and other retirement accounts directly to a charitable organization, such as the Maine Jung Center.

Memorial and Tribute Gifts
This gift is a way to remember someone significant to you or who may have been part of the Jung community or honor someone whose life was influenced by Jungian ideas. A tribute gift might recognize a particular accomplishment, or a birthday, retirement, or other life transition.

Planned Giving
One sentence in your will can make a lifetime of difference. To leave a gift in your will, share this sentence with your attorney or financial planner: "I bequeath $____ or ____% of my estate to the Maine Jung Center, 183 Park Row, Brunswick, ME 04011." Even easier, you can name the Maine Jung Center as a beneficiary to a portion of your life insurance policy or retirement account. This type of gift can be subject to federal estate taxes when left to family members, but when it’s donated to a charitable organization such as the Maine Jung Center, your money is contributed tax-free.

For more information on giving, visit us on the web at www.mainejungcenter.org/Give/
GENERAL INFORMATION

Book Discussion Groups
The Center sponsors discussion groups on topics of interest. Participation is free and open to Center members. We currently have open discussion groups in both Brunswick and Portland. Check our website (under the menu item "Programs") for more information. If you are interested in starting a group, please contact us!

Tools of Individuation
Anyone is welcome to submit an outline for a two-hour presentation of their journey toward individuation, and to come to the Center to hear others’ stories. Please email your ideas to the Coordinator at info@mainejungcenter.org.

Cycle of Core Courses
The Center offers a three-year cycle of six core courses, one per semester, on these themes: Myth and Fairy Tales, Psychological Type, Complex and Archetype, Dreams, Jung’s Life and Ideas, Individuation and the Self.

Docent Program
The Docent Program at the Maine Jung Center enriches our community in many ways. In exchange for your service, as a docent you can attend certain programs at no cost. Serving as a docent is also a nice way to get to know other members of our community. Docent training times are TBA and flexible. Please contact the Center if you wish to become involved. We welcome your participation!

Volunteer on a Committee
A great deal of the work of the Center is done by dedicated (and friendly!) volunteers. Committees include: Program; Communications; Library; Membership; Finance. Start by attending a committee meeting and seeing if it’s right for you! Interested? Contact Cybele at info@mainejungcenter.org and they’ll put you in touch with a committee chair.

Library
The Catalogue of the Center’s book collection is viewable online under the “Library” tab. For recent acquisitions, please check the website. The Library is open when the Center is open, with special hours possible. We have an extensive specialized library, magazines, audio collection, and comfortable space for browsing. Borrowing privileges are available to members.
Membership
Member benefits include discounts on all classes and programs; free discussion groups; committee participation; access to our extensive library; an invitation to our annual Members’ Eve; advertising of relevant events/news in the Member Notices section of our regular e-mails; and participation in a vibrant community of individuals engaged in the hard work of individuation. 
Membership fees provide financial sustainability for the Center, allowing us to continue to present dynamic programming. Thank you for your support!

On the Web
Please follow us on Facebook, Twitter, or visit our website, www.mainejungcenter.org, for the latest Center musings, membership news, event updates, and weather cancellations. Email info@mainejungcenter.org to sign-up for our weekly e-mail communications.

Refund Policy and Cancellations
Payment is expected at the time of registration. If you cannot attend a program for which you have registered, please contact the Center at least one week in advance of the event for a full refund. The Center may have to cancel a class if there are fewer than 5 registered participants. Please pre-register for programs to avoid any disappointment!

Scholarships and Discounts
The Center offers need-based scholarships for membership and programs. Individuals may make one scholarship request per year. Discounts are also offered to full-time college students. Present your college ID and you may attend any class, workshop, or seminar for a reduced fee. Please contact the Center for more information.

Certificates of Attendance
The Center’s programs are relevant to the practice of social workers, LCPC’s, psychologists, educators, and health care professionals. For a fee of $5, you can receive a certificate of attendance at the end of each program, which you may present to your licensing Board.

Maine Jung Center Hours
The Center is typically open Tuesday to Thursday from 11 AM to 4 PM. Please call in advance as hours may change. Special hours can be arranged.