Maine Jung Center

A community of Jungian thought and a forum for discovery where people come alive together through active membership and support for individual growth.

Mark your calendars for our Major Spring Program:

SHERRI MITCHELL  WEH’NA HA’MU KWASSET
Sacred Instructions

Lecture and Workshop | April 3 & 4, 2020

www.mainejungcenter.org  *(207) 729-0300
www.facebook.com/MaineJungCenter
Message from the Board

We at the Maine Jung Center wish to extend the warmest gratitude to all our members—those newer to the Center, as well as our beloved long-term members. As C. G. Jung once said, “As far as we can discern, the sole purpose of human existence is to kindle a light in the darkness of mere being.” The Center holds in its vision the continuity of community which passes that light from person to person as a beacon of connection and the search for truth.

Community is essential in these trying times—to be with others in conversation about life’s challenges, to share with each other that spark of human recognition, and to bear the struggle together as we face the unknown. The desire for community is as evident as ever at the Maine Jung Center, as we witness more people attending our workshops, classes, and book discussion groups.

Just as the world is in transition, the Center is, too, and many of our 2020 offerings reflect these times. To highlight just a few: on three Sundays in February, Will Furber will offer a core course on Dreams. In March, Bill Holt will host a 4-part workshop series, God Within: The Legacy of Christian Gnosticism. In April, a full-day Death and Dying Kaleidoscope will be hosted by Teresa Arendell, Will Furber, and Patricia Vesey-McGrew. In keeping with the theme of transition, Martha Spruce will host a monthly Death Café beginning in February. We are also very excited to announce our major speaker in April, Sherri Mitchell, who will talk about her 2018 book, Sacred Instructions: Indigenous Wisdom for Living Spirit-Based Change, and address where we are now as a nation, how we got to this point, and what a path forward might look like.

As we reflect back on 2019, we also extend warm gratitude to our many program presenters who gave of their time and heart: Dana Sawyer, Bob Kamman, Rick Bouchard, Lois LeBlanc, John Peck, Celia Mantovani, Marilyn Hardy, Teresa Arendell, David Peloquin, Jean Wood, and Lenny Gibson; and John Farrell of Figures of Speech Theatre, who graced us with his marvelous recitation of T. S. Eliot’s Four Quartets at our annual Members’ Eve.
The coming year holds auspicious promise. Please join us in taking a deep dive in 2020. To quote Jung once more: “The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed.” Meet you at the Center!

*Audrey McMorrow and Peggy Schick, Board Co-Chairs*

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Stephen Sakellarios will be demonstrating the method by which he verified a proposed past-life match, and then exploring the question of what aspects of a person are carried forward intact from a past life, and which aspects change (including to what degree they change). In particular, Stephen will provide objective evidence that what he has dubbed the "higher mind" remains essentially the same from one incarnation to another; and he will suggest some of the implications that this has for psychology and psychotherapy.

Stephen Sakellarios, MS, has studied Eastern mysticism since 1973, and has a master’s degree in Counseling and Human Systems from FSU. In 1997, he began work on a documentary entitled “In Another Life: Reincarnation in America”, completing it over a five-year period. The program was broadcast on PBS affiliate KBDI in Denver, Colorado in January of 2003, and was accepted for distribution to universities by Films Media Group.

In 2005, Stephen became aware of a past life in the 19th century as author Mathew Franklin Whittier, and in 2009 he began researching the proposed match with the most rigorous methods available to an unfunded, lay researcher.
Saturn and Pluto align in conjunction in the sky every 33 to 38 years. The conjunction has come around again and culminates in exactitude in January. On Earth, the corresponding psychological pattern experienced by us over the course of the two to three years this conjunction forms and then separates is one of constriction, hardship, darkness, and eventual rebirth. With Saturn’s 29-year orbit and Pluto’s 248-year orbit around the Sun, the movement of this conjunction is slow. During this time, Pluto and Saturn together compel us to struggle and find our power within.

In this workshop we will discuss this phenomenon in historical context, in current-day experience globally, and through investigation of the conjunction as it transits our own natal charts and how it is experienced personally.

Registrants are required to provide their birth date, exact time, and city/state of birth at least a week prior to the workshop. No prior knowledge of astrology is necessary for this workshop.

Peggy Schick is a professional intuitive astrologer and Reiki Master. She teaches astrology classes through several adult learning organizations in Maine. Peggy is certified in Archetypal Cosmology through the Institute of Transpersonal and Archetypal Studies, New York. She serves as co-chair of the Board of the Maine Jung Center.
We can begin in prehistory and note that in every culture we know of the world is full of persons. Or we can begin with Freud and Jung and their heirs and acknowledge that "personification" is fundamental to our cognition. Or we can start with some of the most interesting modern philosophers and anthropologists who describe the ubiquity of persons, or at the very least, the aspects of "personhood" that dominate our experience. Tom will argue that Henry Corbin can be seen as a forerunner not only of the recent interest in "personhood", but also of what are known collectively as the "epistemologies of the South". Corbin was among the early advocates of "border thinking" and of the primacy of imagination in our construction of reality. James Hillman adopted many of Corbin's key ideas and integrated them with Jungian psychology and advocated moving the locus of our imaginations towards the South, to be free of the burden of Northern, Eurocentric preoccupations. With these moves we will find our imaginations freed for a new and long overdue vision of a polycentric "pluriverse" where many worlds can coexist, and our capacity to fulfill our natural longing to love all the beings in the world can be more nearly realized.

**Tom Cheetham, PhD**, is the author of five books on the imagination in psychology, religion and the arts, and one book of poems. Formerly Associate Professor of Biology and Environmental Studies at Wilson College, he has taught natural science and the humanities for over 30 years. He is a Fellow of the Temenos Academy in London and teaches and lectures regularly both online and in the flesh in the US and internationally.
Core Course: Dreams
Interpretation of Dreams

Will Furber

Sundays, February 2, 9, & 16, 2020
2 to 4 PM
Jung Center, 183 Park Row, Brunswick
Members $60, Non-members $70

Significant Dreams . . . are often remembered for a lifetime, and not
infrequently prove to be the richest jewels in the treasure house of
psychic experience.

〜 C. G. Jung, CW Vol. 8, pg. 554

Learning the symbolic language of dreams opens the
possibility of dialogue with the most discerning and
insightful parts of the psyche. Initially inscrutable,
a dream begins to convey its message through
symbolic analysis, confronting us with powerful and
important truths about our lives. A major dream
correctly interpreted can evoke a sense of awe in the
dreamer because the manner in which its message is
conveyed is so artfully and precisely drawn. It pulls
the dreamer into a living connection with the deeper
dimensions of Soul.

This course will provide a brief review of Jungian theory relating to dreams
and facilitate discussion and interpretation of dream material.

Will Furber, JD, IAAP, is a Jungian analyst. He helped found the Maine Jung
Center and is a faculty member at the Boston Jung Institute, where he co-leads a
recurring seminar on collective process.
Western culture is familiar with mandalas primarily because of the work of C. G. Jung, who became interested in them while studying Eastern Religion. In Jungian Psychology, the mandala or magic circle is visualized in dreams symbolizing a dreamer's striving for unity of self and completeness. As for alchemy, Jung says "Only after I had familiarized myself with alchemy did I realize that the unconscious is a process, and that the psyche is transformed or developed by the relationship of the ego to the contents of the unconscious."

Mandalas originate as art and meditation form in ancient cultures all over our planet. Mandalas are a tool to encourage our inner genius to awaken, communicate and express itself directly. Mandalas have appeared throughout history as a universal and essential symbol of integration, harmony, and transformation. They bring form to the primordial intuition of nature and are common to many human cultures.

In this workshop you will learn how to create brush stroke mandalas of simple geometric shapes from ancient teachings. Mixture of colors is a form of alchemy.

Rev. Dr. Calen Rayne, DMin, MFA, is an accomplished geomancer, a Unitarian Universalist Lay Community Minister, and Adjunct Faculty of Wisdom School of Graduate Studies at Ubiquity University. Calen has traveled extensively and spent time in North America, Latin America, Europe and Asia studying with great masters of both Japanese and Tibetan Buddhist traditions, with Bon and pre-literate Bon masters, with geomancers from both Celtic and Druid traditions, and with alchemists of various indigenous religions. Calen consults with clients around the world offering his unique blend of skill and experience as the foundation for his geomantic work with earth energies in clients’ homes and landscapes.
For many years now Mary has wanted to learn more about William Blake’s life and art, read more of his poetry and try to understand his myths and symbols. But it seemed a daunting task to take up on my own. Mary is hoping some of you reading this will join her on a journey into Blake’s world and explore with her his work and inspiration.

We will look at Bentley’s biography, *The Stranger from Paradise*, and Kathleen Raine’s *Blake and Tradition*, as well as what Jungian scholars have to say about Blake, archetypes, and the collective unconscious, but mainly focus on his poetry, both the popular works and the obscure.

*Mary Dowd, MD, is a physician and poet. Her poems have appeared in Chautauqua, the Atlanta Review, in the Shambhala Sun newsletter, Letheon, Ekphrasis 2013, the Hippocrates Prize Anthology 2017, and various other minor and sometimes defunct journals. In 2018 her collection of poems, The Heroin Diaries was published by Permanente Press. She has led poetry workshops for the Transformational Language Arts Network at Goddard College and The Examined Life Conference at the University of Iowa. For many years she led a workshop reading and writing poetry with men in long term treatment for addiction at Milestone Foundation. Since 2007 she has run the Poetry at the Library series at Merrill Library in Yarmouth, bringing poets, performances and writing workshops to the community. She is a member of the Cloud Appreciation Society and the Almost Dead Poets’ Society.*
Within a few years of Jesus’s Crucifixion, proto-Christian communities were emerging across the Roman Empire. The most familiar to us, initiated by Peter and Paul, made the resurrection of Jesus central to human salvation and grew to become orthodox Christianity. Gnosticism, another understanding of Jesus’ meaning and our relation to God, developed in Alexandria in the same period. Blending a revised Creation myth with a Platonic cosmology, Jesus was seen as a wisdom teacher, an emissary from the highest heaven come to teach of the Divine with our soul. Their most eloquent teacher, Valentinus, went to Rome and tried to blend the two understandings. But he did not and the church fathers declared Gnosticism a heresy. This course, an updated version of Bill’s earlier courses at the Jung Center, will explore the context, the myths, and some leading figures of early Christian Gnosticism, as well as why C. G. Jung was so attracted to the tradition. His Seven Sermons is itself a Gnostic tract. We will also look at the very important Gospel of Thomas.

William Holt, MD, has presented many times at the Center on topics related to the Gnostics, the early history of Christianity, and Jung’s own Gnostic thinking. Bill is a Phi Beta Kappa graduate of Bates College and of Harvard Medical School. A retired ophthalmologist, he is a cofounder of the Eye Care Medical group in Portland. Religion and philosophy have been lifelong interests and he has indulged these with extensive reading over many years.
Spring Major Speaker: Sherri Mitchell

Sacred Instructions: Indigenous Wisdom for Living Spirit-Based Change

Lecture
Friday, April 3, 2020
7 to 9 pm
Members $20, Non-Members $25

Workshop
Saturday, April 4, 2020
9:30 am to 1:30 pm
Members $40, Non-Members $50

Both events will be held at: First Universalist Church
97 Main Street, Yarmouth, Maine

Friday Lecture
This time represents a critical crossroads for humanity, a teetering point of choice that will determine the future of all life. Drawing from ancestral knowledge, as well as her experience as an attorney and activist, Sherri Mitchell addresses some of the most crucial issues of our day, such as environmental protection and human rights.

Saturday Workshop
In a more intimate setting, Sherri will host a discussion about (1) where we are now and how we got there, (2) our historical and collective trauma, (3) the foundational laws of the universe from an indigenous perspective, and (4) what does it mean to live in a time of prophecy?

[continued on next page...]
**About Our Presenter**

*Sherri Mitchell* Weh’na Ha’mu Kwasset is an Indigenous rights activist, spiritual teacher, and transformational change maker. Sherri was born and raised on the Penobscot Indian reservation (Penawahpskek). She speaks and teaches around the world on issues of Indigenous rights, environmental justice, and spiritual change. Her broad base of knowledge allows her to synthesize many subjects into a cohesive whole, weaving together a multitude of complex issues and articulating them in a way that both satisfies the mind and heals the heart.

Sherri received her Juris Doctorate and a certificate in Indigenous People’s Law and Policy from the University of Arizona’s James E. Rogers College of Law. She is an alumna of the American Indian Ambassador program, and the Udall Native American Congressional Internship program.

Sherri is the visionary behind “Healing the Wounds of Turtle Island”, a global healing ceremony that has brought people together from all corners of the world. The ceremony is designed to heal our relationships with one another as human beings, and then to heal the relationship between human beings and the rest of Creation. It has been attended by people from every continent (except Antarctica), who have come together to pray with one heart and one mind for the healing of all life on Mother Earth.
SoulCollage®: A Creative Process for Introspection and Integration

Lillian Harris

Saturday, April 11, 2020
1 to 4 PM
Jung Center, 183 Park Row, Brunswick
Members $40, Non-members $45

SoulCollage® is an intuitive creative process developed over 30 years ago by the late social worker, Seena Frost. Today SoulCollage® is a supportive tool in exploring, acknowledging and integrating the many parts of ourselves, some that we are conscious of and others that emerge unexpectedly through the collage process. The workshop will be an opportunity to experience this technique first hand. We will start with a brief overview of the process and the theoretical framework that has informed the evolution of the technique, including the significant influence of C. G. Jung's work. Then we will move into card making. Each participant will create, using found images, scissors and glue, their own 5 x 8" SoulCollage® cards. We will then dialog with our cards, drawing out the wisdom of the images, and our own ability to learn from what we have made. All supplies will be provided.

Lillian Harris, LCPC-C, is a psychotherapist and trained SoulCollage® facilitator based in Yarmouth, ME. She integrates creativity and mind/body approaches into her work with clients through individual therapy, workshops and therapeutic groups. More information at www.lillianharriscounseling.com
Kaleidoscope: Three Analysts Speak
Jungian Perspectives on Death and Dying

Teresa Arendell, Patricia Vesey-McGrew, & Will Furber

Saturday, April 18, 2020
9:30 am to 3:30 pm
Maine Jung Center, 183 Park Row, Brunswick
Members $50, Non-members $60

The birth of a human being is pregnant with meaning, why not death?

〜 C. G. Jung, CW Vol. 8, pg. 408

C. G. Jung, one of the foremost thinkers about the human psyche, made major contributions to the study of death and dying. He argued that, particularly in the later decades of life, we live preparing for death. Dying is in itself a stage of life, and is as normal as being born. He wrote, “How much our life needs death . . . Joy at the smallest things comes to you only when you have accepted death” (2009:275). Yet death, in the modern Western world, remains largely a taboo subject. Jung urged us to find our personal myth of death as we learn to live with paradox: certainty and uncertainty, the known and unknown. Even though death poses innumerable, unanswerable questions—that is, it remains a mystery—we must nevertheless grapple with it. “Not to have done so is a vital loss. For the question…is the age-old heritage of humanity” (Jung Speaks about Death video clip). Considerations of death and dying enrich our quest to understand the meaning of life and consciousness.

Psyche: Questions of Life after Death
Teresa Arendell

Ideas of afterlife abound in myths and stories—ancient and contemporary, secular and religious. Such ideas are elemental in the human imagination and the dance between creation and destruction, life and death. Jung, reflecting in later life and after his near-death experience, stated, “When I speak of things after death, I am speaking out of inner prompting, and can go no farther than
to tell you dreams and myths that relate to this subject.” He asserted that neither religion nor science can provide a definitive answer to the question of what happens after death and whether or not there is an afterlife. Drawing on Jung’s work, we explore such questions as: What happens in death? Does the body die but the soul survive? Does consciousness persist beyond death? In addition to images from religion, poetry, dreams, and stories, we also consider current research findings on near-death experiences and what they offer us in consideration of the idea of immortality.

*Teresa Arendell, PhD,* is a practicing Jungian analyst. A college professor in sociology for many years, she’s held multiple postdoctoral fellowships. She’s taught and offered lectures and seminars and served on committees at the Maine Jung Center, the Boston Jung Institute, and various Jungian associations. She enjoys teaching and living in Maine.

**Living Into Death**
Patricia Vesey-McGrew

Constantly surrounding us are modern paeans honoring aliveness. We celebrate many expressions of our energized liveliness including athletic, dance, gymnastic, artistic and intellectual accomplishments. We revere many anniversaries, especially the ones marking our births. We often seek to discover the ‘elixir of life,’ a potential spiritual quest which, at times, transposes into a hunger for physical longevity. Seldom is the reality of death exalted and embraced. The mystery of death frightens us and we circumambulate its power with a slow, distant caution. The death of a loved one causes loss and, frequently, unimagined suffering. An unexpected or untimely death generally results in inner chaos and anxiety about our own mortality.

Nevertheless, Jung challenges us to a different appreciation of death. “If I accept death, then my tree greens, since dying increases life. If I plunge into the death encompassing the world, then my buds break open. How much our life needs death!” (*Red Book*, pg. 274). His wisdom is not a voice shouting in the barren desert. Many, not legion, experience his words as truth. Writings as early as those of Heraclitus have also echoed a similar understanding of death and laid the groundwork for bringing death into life and living into death. We will use a prismatic lens to explore and ponder what this might look like today. What is a state of fluidity which includes and honors death? How might we acknowledge death and face it squarely?

[continued on next page...]
Is authentic living possible without this stance toward death? We will look at the impediments internally and culturally that seek to deny the significance of death in a truly vital life. Jung and other lovers of wisdom will be our guides.

Patricia Vesey-McGrew, MA, NCPsyA, is a diplomate Jungian Psychoanalyst in private practice in Cambridge and Rockport, MA. She is a supervising and training analyst at the Boston Jung Institute, where she is a past president and a faculty member.

What Does the Psyche Want Us To Understand About Our Death?
Will Furber

The theme of death and dying in dreams is often used interchangeably with other symbols relating to transformation and initiation. Usually these dreams suggest an outmoded ego adaption that is no longer serving well and must die, in the sense of giving way, so that a new adaptation can replace it. As applied to the idea of literal death, this suggests that if we did not die we would end up being stuck within the auspices of outmoded, blocking generative processes of rebirth that are struggling to emerge and which need our literal death to achieve their potential. When dreams touch on the idea of death more specifically they frequently use the theme of harvesting. Life then is seen as a season, and this season's growth is harvested so that it can be made use of. But it is at the same time it is cleared out of the way so that it will not impede the generative capacity in the rhizome which below the surface is already working on the new season to follow. The hope is that there is something about the old season's growth that has changed something in the rhizome in a beneficial way and that the new season will be better.

Will Furber is a Jungian analyst who helped found the Maine Jung Center 30 years ago and has taught numerous classes and seminars here. He has also served on the Board and faculty of the Boston Jung Institute, where he currently co-leads a recurring seminar on collective process.
Jung had a great deal to say about God, which for him was not a belief but a fully realized, living presence: “I don’t need to believe. I know.” His God experience was so powerful, so potentially destructive, that he felt grateful “to have escaped from death.”

This lecture will explore Jung’s belief that the psyche is, by nature, religious. “[The Self] . . . might equally be called the God within us.” Diane Croft will share the religious symbolism that emerged, unexpectedly, during her own three-year encounter with the Transpersonal Self, and how she is attempting to reconcile its sacred energies as a non-practicing Christian. Intended for believers and non-believers.

Diane Croft, EdM, is a graduate of Wittenberg and Harvard University. She spent most of her career as a vice president at National Braille Press in Boston, MA. For three years, Diane had access to a hidden, animated realm, described by C. G. Jung as “the primordial unconscious”, which she describes in her book The Unseen Partner: Love & Longing in the Unconscious. A review in Quadrant: Journal for Analytical Psychology described it as “an extraordinary book, comparable in many ways to the Red Book of C. G. Jung.”
Tools of Individuation: A Yoga Journey to Sacred Spaces and Places in India

Phyllis Stibler

Friday, May 8, 2020
7 to 9 pm
Maine Jung Center, 183 Park Row, Brunswick
Members $15, Non-members $20

With a Yogi guide and four companions, Phyllis spent several weeks in southern India in January 2019. The purpose of their yoga journey was to seek "a yoke to the divine, one consciousness". They spent time in Hindu temples, on sacred mountains, at two ashrams and in related space and places. Phyllis does not consider herself an experienced yogi or a master at spiritual guidance in any way. She went on this journey as a perhaps, somewhat typical New Englander who observes Congregationalist traditions, enjoys a gentle physical yoga practice with meditation, and most importantly, has an open and curious mind. The experience was intense, rewarding and thought provoking.

In this talk, Phyllis will share her experiences, sketch journal and observations while on this journey.

Phyllis Stibler received a BFA in Interior Design from Syracuse University, School of Art. Over her design career, she has been honored by the American Institute of Architects – NH Chapter, the American Society of Interior Designers, Leadership NH, Boy Scouts of America – Daniel Webster Council, Granite State YMCA and other organizations for professional achievement and community service. Phyllis also served on the Board of Trustees and Executive Committee at the NH Institute of Art, from 2008 to 2017.

In retirement, Phyllis has illustrated three children’s books, serves as Chair of the Trustees for the New Castle Congregational Church, listed on the National Registry of Historic Places, and travels extensively, always with a sketch journal. She enjoys any outdoor activity, any musical offering involving baroque recorders and gentle yoga. Phyllis lives in the heart of New Castle, NH.
Mythical Consciousness and its Reflection in the Russian Folk Tale "Ryaba the Hen"

Michael Klimov

Saturday, May 16, 2020
2 to 4 PM
Maine Jung Center, 183 Park Row, Brunswick
Members $20, Non-members $25

In *The Interpretation of Fairy Tales*, Marie-Louise von Franz writes “our interpretations are relative and not absolute. But we interpret for the same reason as that for which fairy tales and myths were told: because it has a vivifying effect and gives satisfactory reaction and brings one into peace with one’s unconscious instinctive substratum, just as the telling of fairy tales always did.” Michael Klimov will demonstrate how mythical consciousness emerges in “Ryaba the Hen”, among the most famous Russian folk tales and among the first that children of the Russian-speaking world learn.

Michael Klimov, MA, holds a master’s degree in Foreign Languages (English and French) from Kyiv National Linguistic University, Ukraine, and is currently pursuing a Doctor of Modern Languages degree in Russian and French through Middlebury College in Vermont. This presentation is related to Klimov’s dissertation research on mythical consciousness in Russian fairy tales. Michael Klimov has been a member of the Maine Jung Center for a number of years, and has always appreciated its intellectual, welcoming, inspirational, and healing atmosphere.
America and the Religion of No-Religion
Friday, June 5, 7 PM
MEMBERS $20, NON-MEMBERS $25

Today, the fastest growing demographic in the U.S. relative to “religion” is the category of “Spiritual but not religious”. This is especially true of Millennials, who are three-times as likely to abandon the religion of their parents than those of earlier generations. Where is this cultural change taking us? What are the implications, good and bad, of this shift for the future of American spirituality? Are some trends of this change more useful than others for the growth of a compassionate society? In this talk, Dana Sawyer discusses new trends in spirituality, including the growing synchronicity between “religion” and “psychology”. For instance, “enlightenment” and “beatitude” have increasingly morphed into “self-actualization”, “individuation”, “Mindfulness”, and “optimum wellness”. Furthermore, we will discuss the general characteristics of this movement, including its premium on personal experience, the sovereignty of personal choice, and the shift toward co-learning over structures of teacher/disciple. The goal of the talk is not only to give an overview of what is occurring but to suggest directives that can be useful for those on the spiritual path today.
The Future of Psychedelic Mysticism
Saturday, June 6, 10 AM
MEMBERS $20, NON-MEMBERS $25

In 1954, Aldous Huxley published a small book that triggered a huge reaction, *The Doors of Perception*, dealing with his first experience with mescaline. During the subsequent nine years, Huxley developed several theories about psychedelic drugs as legitimate triggers of mystical experience and insight that have been hugely debated ever since. Part of the initial reaction involved Timothy Leary’s admonition that youth culture should “Turn On, Tune In, and Drop Out”, causing Richard Nixon to then label him the “most dangerous man in America”. However, since that time, and after the wholesale prohibition of psychedelic drugs by the U.S. government, even for scientific research, there has been a reassessment—including a resumption of research. What is the status of scientific research with psychedelics today? What are the views among academics and therapists regarding the values and dangers of psychedelic experience? How well do Huxley’s theories of psychedelic spirituality hold up today? Based upon two years of concerted research regarding this topic, Dana Sawyer shares his findings. This is a controversial topic but, thanks to Michael Pollan’s recent book on the subject, *How to Change Your Mind* (not to mention current research in England and Switzerland, and at Johns Hopkins), it is also a timely one.

*Dana Sawyer* is professor emeritus of Philosophy and Religion at the Maine College of Art and a member of the Advisory Board of the Chaplaincy Institute of Maine. He has written biographies of Aldous Huxley and Huston Smith as well as articles for such magazines as Tricycle, Yoga Journal, and Parabola. Currently, he is writing a handbook of the Perennial Philosophy and helping the Esalen Institute determine its future curriculum.
Discussion Groups

Continuing Groups
FREE for members and nonmembers; NO pre-registration is necessary
(SEE MAINEJUNGCENTER.ORG FOR MORE DETAILS)

What Matters Most (Portland)
Portland Friends Meetinghouse (1837 Forest Ave)
Facilitated by Jennifer Morris
Second Saturday of the month, 10 am to 12 pm
Resumes January 11

Sacred Instructions (Jung Center)
Facilitated by Peggy Schick
Third Wednesday of the month, 6 to 8 pm
Resumes January 15

Projection and Re-Collection (Jung Center)
Facilitated by Jeff Pinnette
Third Sunday of the month, 10 am to 12 pm
Resumes January 20

Mirror Mirror on the Wall (Jung Center)
Facilitated by Mary Kelley
Last Sunday of the month, 2 to 4 pm
Resumes February 23
Death Café Series (Brunswick)
Facilitated by Martha Spruce

TUESDAYS, FEBRUARY 11, MARCH 3, MAY 12, 2020
6:30 TO 8:30 PM
JUNG CENTER, 183 PARK ROW, BRUNSWICK
FREE FOR MEMBERS AND NON-MEMBERS
REGISTRATION LIMIT: 18 | PRE-REGISTER ONLINE OR VIA EMAIL

Death is psychologically as important as birth, and like it, is an integral part of life.

〜 C. G. Jung

Let’s gather together to talk about death. Not to grieve, not to seek therapeutic support, not to proselytize, but simply to have a group discussion with the intention to seek more awareness about death. Perhaps more awareness might help us to value the time that we have here on earth as fully alive human beings. How might we choose to live, imbued with more awareness of our own exit?

Death Cafés are happening all over the United States and Europe as open opportunities to the public, offering this simple intention for death to be a topic of group discussion without any agenda, objective, or conclusion. Donations may be made to the Jung Center in appreciation for providing a comfortable, accessible venue where attendees will be invited to speak and be listened to with respect and confidentiality. Please register for each two-hour event even though there is no fee. The discussion dates do not mean to imply a progression of any theme, and there is no expectation for a participant to attend consecutive discussions. Refreshments will be provided.

Martha Spruce, founder of Hearts & Hands Reiki, has been practicing and teaching Reiki in Brunswick and the greater mid-coast area for over 23 years. During much of that time she has also cared for dying people as a certified home Hospice volunteer. She also volunteered as a certified pastoral chaplain at Mid Coast Hospital. She is very grateful to the people who have invited her to be part of their lives at such a profound time of transition, because of the gifts of raw honesty and unwavering integrity that they brought along to give to those who were left behind. She has noticed that when people are dying, they usually want to talk about death, but she’d rather not wait till then. Martha has been a Maine Jung Center member for 12 years.
Friday Film Nights at the Center

If you'd like to facilitate a movie night, please let us know at info@mainejungcenter.org.

7 PM AT THE JUNG CENTER
183 Park Row, Brunswick
DONATIONS WELCOME

Movie nights are an opportunity to view a member-chosen film of interest in a small group and to participate afterwards in an informal discussion. No registration necessary.

January 24
Viewing facilitated by Jeff Pinnette

Data has surpassed oil as the world’s most valuable asset. It’s being weaponized to wage cultural and political warfare. People everywhere are in a battle for control of our most intimate personal details. The Great Hack uncovers the dark world of data exploitation with astounding access to the personal journeys of key players on different sides of the explosive Cambridge Analytica/Facebook data scandal. Amer and Noujaim encourage us to question the origin of the information we consume daily. What do we give up when we tap that phone or keyboard and share ourselves in the digital age?

February 21
Becoming Nobody (2019) | Directed by Jamie Catto
Viewing facilitated by Rocco LaPenta

Becoming Nobody represents the core arc of Ram Dass's teachings and life: whether as Dr. Richard Alpert, the Harvard psychologist, or as Ram Dass who serves as a bridge between Eastern and Western philosophies, he has defined a generation of inner explorers and seekers of truth and wisdom. Through his turns as scion of an eminent Jewish family from Boston, Harvard psychologist, counter-culture adventurer, holy man, stroke survivor, and compassionate caregiver, Ram Dass has worn many hats on his journey. His ability to entertain and his sense of humor are abundantly evident in a conversation that brings us around to address the vast question of ultimate freedom.
March 27

*Dancing in the Flames* (2009) | Directed by Adam Greydon Reid
Viewing facilitated by Lois LeBlanc

Dancing in the Flames is a brilliant and intimate documentary into the life of Jungian Analyst, Marion Woodman, who is known for her groundbreaking work as a teacher and author on feminine psychology and addiction. We are taken into a metaphoric representation of the unconscious imagery that Marion discusses so passionately and, in doing so, are invited to examine our own lives. Mystic and author Andrew Harvey interviews Marion as she explains the mysteries of her soul’s journey and reveals a series of psychological ‘deaths’ and ‘rebirths’ that have formed the consciousness into which she has evolved. The film presents a philosophy of dynamic opposites, the bridging of seeming contradictions. Life and death, love and grief, courage and submission are not at loggerheads for her—they’re part of a harmonious whole. By embracing these opposites we come into the totality of human experience.

April 24

Viewing facilitated by Cybele Brandow

Told in one fluid shot, Sokurov presents a tale which floats like a dreamlike journey through the majestic spaces of the Hermitage in St. Petersburg. Real and imagined characters from Russian and European history are engaged in seamless and mysterious transitions from one room to the next. The nameless protagonist, a 19th-century French diplomat, guides the audience through a lost, sumptuous dream that was the Enlightenment period. Staged among some of the greatest masterpieces of western art tradition, the film culminates in a pageant of color, motion, and music, leaving its viewers in a state somewhere between awe and somber reverie.
Friday Film Nights (continued)

May 15

*Journey of the Universe: Conversations* (2013)
Directed by Patsy Northcutt & Adam Loften
Viewing facilitated by Thankful Butler

*Journey of the Universe: Conversations* is an expansive, multidisciplinary project that re-imagines the universe story and the human role in the flourishing of the Earth community. The series invites viewers to become fellow travelers on an immense journey—from the beginnings of the universe, to the origins of life, to our current emergence as a planetary presence. These conversations are designed to accompany the *Journey of the Universe* film (screened last year), book (Yale University Press), and curriculum.

Have an Idea for a Movie Night?

*If you would like to facilitate or have an idea for a movie night, please let us know at info@mainejungcenter.org.*
With Gratitude to our Donors

The generosity of individual donors (August 2017 - 2019) keeps the Maine Jung Center a vital, relevant, inclusive, and engaging space; and ultimately, ensures the fulfillment of our mission and the enrichment of our community.

Harris Circle ($1,000+)

Chris & Kathy Beach
Freda Bernotavicz - IN MEMORY OF Karen Gillman
Thankful Butler & Frederick Lancaster
Michael Mastronardi - IN MEMORY OF William D. Geoghegan
Peggy Schick & Jeff Pinnette

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GENERAL INFORMATION

Discussion Groups
The Center sponsors discussion groups on books and other topics of interest. Participation is free and open to Center members. We currently have open discussion groups in both Brunswick and Portland. Check our website (under the menu item "Programs") for more information. If you are interested in starting a group, please contact us!

Tools of Individuation
Anyone is welcome to submit an outline for a two-hour presentation of their journey toward individuation, and to come to the Center to hear others’ stories. Please email your ideas to the Coordinator at info@mainejungcenter.org.

Cycle of Core Courses
The Center offers a three-year cycle of six core courses, one per semester, on these themes: Myth and Fairy Tales, Psychological Type, Complex and Archetype, Dreams, Jung’s Life and Ideas, Individuation and the Self.

Docent Program
The Docent Program at the Maine Jung Center enriches our community in many ways. In exchange for your service, as a docent you can attend certain programs at no cost. Serving as a docent is also a nice way to get to know other members of our community. Docent training times are TBA and flexible. Please contact the Center if you wish to become involved. We welcome your participation!

Volunteer on a Committee
A great deal of the work of the Center is done by dedicated (and friendly!) volunteers. Committees include: Program; Communications; Library; Membership; Finance. Start by attending a committee meeting and seeing if it’s right for you! Interested? Contact Cybele at info@mainejungcenter.org and they’ll put you in touch with a committee chair.

Library
The Catalogue of the Center’s book collection is viewable online under the “Library” tab. For recent acquisitions, please check the website. The Library is open when the Center is open, with special hours possible. We have an extensive specialized library, magazines, audio collection, and comfortable space for browsing. Borrowing privileges are available to members.
Membership

Member benefits include discounts on all classes and programs; free discussion groups; committee participation; access to our extensive library; an invitation to our annual Members’ Eve; advertising of relevant events/news in the Member Notices section of our regular e-mails; and participation in a vibrant community of individuals engaged in the hard work of individuation. Membership fees provide financial sustainability for the Center, allowing us to continue to present dynamic programming. Thank you for your support!

On the Web

Please follow us on Facebook, Twitter, or visit our website, www.mainejungcenter.org, for the latest Center musings, membership news, event updates, and weather cancellations. Email info@mainejungcenter.org to sign-up for our weekly e-mail communications.

Refund Policy and Cancellations

Payment is expected at the time of registration. If you cannot attend a program for which you have registered, please contact the Center at least one week in advance of the event for a full refund. The Center may have to cancel a class if there are fewer than 5 registered participants. Please pre-register for programs to avoid any disappointment!

Scholarships and Discounts

The Center offers need-based scholarships for membership and programs. Individuals may make one scholarship request per year. Discounts are also offered to full-time college students. Present your college ID and you may attend any class, workshop, or seminar for a reduced fee. Please contact the Center for more information.

Certificates of Attendance

The Center’s programs are relevant to the practice of social workers, LCPC’s, psychologists, educators, and health care professionals. For a fee of $5, you can receive a certificate of attendance at the end of each program, which you may present to your licensing Board. Please note these are contact hours; we are not able to provide CEU’s at this time.

Maine Jung Center Hours

The Center is typically open Tuesday to Thursday from 11 AM to 4 PM. Please call in advance as hours may change. Special hours can be arranged.